

ALABAMA

ALEXANDER CITY

[The Lighthouse of Tallapoosa Co., Inc.](#)

Tel: 256.234.4894

Address: 36 Franklin Street, Alexander City, Alabama 35010

Contact Person: Mike Mitchel

Residential

Website: <https://www.facebook.com/pages/The-Lighthouse-of-Tallapoosa-County-Inc/200603536631615>

- Offers extended term, minimum of 90 days, residential rehabilitation program for men dealing with substance abuse. Offers individual counseling, substance abuse education, family counseling, self-help, adult basic education, etc.
- Eligibility: Must be male, age 21 and over. Must have completed 28 day crisis residential or outpatient in last six months. Other clinical information also required. Call for details.
- Hours:24 Hours, Mon-Sun
- Intake procedure: Call For Appointment
- Fees:\$75.00 Admission Fee, \$75.00 Per Week
- Services: Alcohol Dependency Support Groups, Drug Dependency Support Groups, Residential Substance Abuse Treatment Facilities, Substance Abuse Counseling, Substance Abuse Education/Prevention
- Site hours:24 hours, Mon-Sun

ANNISTON

[Anniston Fellowship House](#)

Tel: 256.236.7229

Address: 106 East 22nd Street, Anniston, AL 36201

Contact Person: Hank Waide

Residential

- Attend five hours of substance-abuse treatment classes each week.
- Take psychological examinations.
- Attend AA/NA weekly
- Forms of Payment Accepted: Self payment
- Payment Assistance: Sliding fee scale (fee is based on income and other factors)
- Halfway house
- Residential long-term treatment (more than 30 days)
- Access to recovery voucher

- Examples of service that may be provided: Substance abuse treatment and drug rehab.
- Examples of types of care that may be provided at Anniston Fellowship House Inc
- Residential long-term treatment (more than 30 days) Long Term Substance Abuse Treatment and Long Term Drug Rehab Program
- Treatment Offered:
 - Substance abuse treatment
 - Drug addiction treatment
 - Alcohol addiction treatment
 - Halfway house

ATTALLA

[Rapha Ministries](#)

Tel: 256.538.7458

Fax: 256.538.5474

Address: 677 West Covington Avenue, Attalla, AL 35954

Contact Person: Debbie Garner

Residential

Website: <http://www.raphaministries.net/>

- Residential alcohol and drug treatment for adult men with emphasis on spiritual regeneration.
- Provide a long term Christian living environment that fosters “life skills” such as education (GED), anger management, money management, fatherhood and employability. Produce responsible productive men by increasing sobriety, employment and reducing recidivism/legal involvement.
- The mission of Rapha Ministries is to provide a long term recovery program for drug, alcohol addiction, unhealthy relationships, co-dependency behavior, serious marital conflicts and loneliness.
- This is done through challenging and instruction to the client’s in the change in their lives that can be achieved by the power of God.
- This goal is accomplished only by the support we provide to the client’s and their families as they build a new way of life.
- During this process we also assist the client in bridging the gap between their relationships, their faith and their community.
- Recovery Program Services
 - Twelve-Step recovery groups on campus
 - Seven week classes on Conquering Chemical Dependency
 - Coping Skills with emphasis on client’s personal responsibility
 - Weekly anger management classes
 - Financial management
 - Employment assistance through vocational rehabilitation
 - HIV/AIDS testing
 - GED classes

- Relapse prevention
- Program Requirements:
 - Male – Minimum 18 years of age
 - Have a current physical exam (within past 12 months) or arrange for the exam within two weeks of admission.
 - Have a current Alabama Department of Mental Health approved 6 Dimension assessment that indicates placement at a Level of Care available at Rapha Treatment Center.
 - Must be able to fully participate in all aspects of the Rapha program without outside interference; e.g. Doctors/Dental appointments, court appearances, etc.
- Cost
 - The length of stay at Rapha is based on the individual needs of the client. Fees for service are based on the service intensity. Rapha has a variety of funding options available.

BIRMINGHAM

[Aletheia House](#)

Tel: 205.324.6502

Fax: (205) 324-7810

201 Finley Avenue West, Birmingham, AL 35201

Contact Person: Keisha Kennedy

Residential & Outpatient

Website: <http://www.specialkindofcaring.org/treatment#node-title-156>

Residential

- Men's Residential is a supportive residential treatment program designed to help men who have long histories of addiction, unemployment and/or homelessness recover from their drug and alcohol use, find a job, and connect to affordable, drug free housing. Services include:
 - Supportive residential care
 - Individual group and family counseling
 - Life skills training
 - Linkage to other social services
 - Employment assistance
 - Transportation
 - Housing assistance

Power to Change

- Power to Change is a free program designed to strengthen the capacity of men to achieve their goals and live healthy lives. Services include:
 - Life skills training
 - Healthy living classes, including substance abuse and hiv prevention training
 - Stress management training
 - Individual counseling

- Linkages to other social services
- Employment assistance
- Transportation
- Housing assistance

Rural Treatment Services

- Rural Treatment Services provides treatment services and case management several rural counties across the state of Alabama. Services provided include:
 - Individual counseling
 - Group counseling
 - Linkages to other social services

These services are FREE until participants are employed and begin paying a modest program fee.

Bradford Health Services

Tel: 205.942.3200

Address: 300 Century Park South, Ste. 100

Contact Person: Hannah Warren

Outpatient

Website: <http://bradfordhealth.com/locations/montgomery-regional-office/>

- Services:
 - Adolescent Intensive Outpatient Program
 - Adolescent Continuing Care
 - Adult Intensive Outpatient Program
 - Adult Outpatient Detox
 - Adult Continuing Care
 - General Family Support

Fellowship House

Tel: 205.933.2430

Fax: 205.933.2475

Address: 1625 12th Ave. South, Birmingham, AL 35205

Contact: Cedric Ellison

Residential

Website: <http://adatc.org/pearson-hall-services/>

- Established in 1965, the Fellowship House is a Non-Profit Agency funded primarily by the United Way, donations, the Alabama Department of Mental Health, and sliding-scale fees. The house provides a substance abuse recovery program designed to serve the special needs of an individual who suffers from alcoholism, drug addiction and co-occurring disorders.
- Our goal is to aid the individual in the personal, social and vocational adjustment necessary for the maintenance of a sober and productive life.
- We provide a substance abuse recovery program designed to serve the special needs of an individual who suffers from alcoholism, drug addiction and co-occurring disorders.

Medium Intensity Residential Program

- The Medium Intensity Residential program provides a structured and supportive environment for men and women who are unable to achieve and maintain recovery in an outpatient or home setting. All treatment plans are individualized in a cooperative effort between clients and their Clinical Team Leaders, based on the strengths, goals and needs of each person, with the overall goal of functioning in recovery outside of the treatment center. Necessarily, the treatment team includes classes, case management, group and individual counseling, peer support, medication management, housing planning, vocational counseling, and continuing care coordination. Length of stay is not predetermined, but is continuously evaluated throughout treatment and based on individual needs and treatment resources.

Transitional Program

- The transitional program assists with further developing the self-discipline and independent living skills necessary for living outside of institutions. These needs are addressed through case management, group counseling, and engagement in the community. In the low intensity transitional program, clients share financial responsibilities with their roommates. Clients remain involved by serving as mentors for newer residents and participating in group activities, such as an Open House for family and friends, and potluck gatherings. A primary goal of this program is to provide stable living environment, sober living experience, and recovery support until each individual is prepared to move to a more independent setting.

Family Program

- The purpose of the Family Program is to provide information, peer support, and referral resources for family members of individuals seeking addiction and co-occurring treatment at Fellowship House, Inc. A Recovery Oriented System of Care includes empowering family members to support each other and their respective loved ones in recovery, and to advocate for addiction and co-occurring recovery needs. Family events, such as "Back to School" parties, an annual Talent Show, and holiday gatherings, are used to engage sober, positive interactions between clients, family and supportive friends.

Pretreatment Program

- The Pretreatment program's purpose is to provide quick access to supportive services for applicants. Classes on what different levels of treatment are, how this is relevant, and goal clarification are provided onsite weekly as well as at partner agencies in the local community. Also, Pretreatment case management and peer support specialists are used to assist with individual needs. This is an opportunity for the person seeking help for alcoholism, addiction or a dual diagnosis to explore their options and needs, and to get referral assistance if needed.

Co-occurring Disorders

- Fellowship House's emphasis on co-occurring disorders (COD) evolved in the mid 1990's, in response to the demand for residential treatment for addicted AND mentally ill individuals. These are clients diagnosed with alcohol or drug dependence, and also with a serious mental illness such as bipolar disorder, major depressive disorder, or schizophrenia. The biggest barrier to treatment for this population is mainly that their addiction interfered with mental health treatment and their mental illness interfered with addiction treatment. At Fellowship House, COD clients can work with their treatment team on effective medication management,

developing a personal recovery support system, and participate in dual recovery self-help meetings, such as Double Trouble.

Pearson Hall

Tel: 205.925.6552

Fax: 205. 923.9826

Address: 2701 Jefferson Avenue SW, Birmingham, Alabama 35211

Contact person: Debra Jackson

Detox/Residential

Website: <http://adatc.org/pearson-hall-services/>

- Treatment services are then planned by the medical and counseling staff to meet each client's individual needs.
- Days at Pearson Hall are filled with informational films and lectures, individual and group therapy, nutrition and fitness programs, and constant medical evaluation. Clients are also introduced to Alcoholics Anonymous (AA) and/or Narcotics Anonymous (NA).
- Detoxification clients at our treatment center learn new skills on how to cope and communicate. They begin to understand this really is a disease—that they have been sick, not “morally bad.” Professional expertise, backed by unconditional love, begins to work wonders. Anger turns into laughter. Frustrations turn into hope. Fear and distrust give way to love.
- Services of Pearson Hall
 - Client Assessments
 - Medically supervised detoxification
 - Group counseling
 - Individual counseling
 - Family counseling
 - Educational lectures
 - Nutritional counseling
 - Individualized treatment planning
 - Self-help group meetings
 - Psychiatric services
 - After care Services

After Care

- When clients leave Pearson Hall, they'll continue a program of recovery through after care. This series of weekly meetings offers continuing support and help, as the recovering person learns to handle life without chemicals. Attendance at AA and/or NA meetings will also continue as a part of the aftercare recovery plan.

Family Care

- In our Family Care program, family members gather at Pearson Hall to learn about alcoholism and drug addiction, and about each other. In addition to individual counseling, family care provides information lectures, films, and group meetings. During these sessions, feelings and emotions are explored and talked about, as family members work together to find new ways of solving problems. Guided by our counseling staff, families soon begin to realize there is hope for

recovery and for learning to love and trust each other again. Families are also introduced to Alanon and Alateen, self-help groups which provide a recovery program for them just as AA and NA are used by recovering alcoholics and addicts.

CULLMAN

Lighthouse

Tel: 256.739.2777

Fax: 256.739.2777

Address: 925 Convent road N.E., Cullman, al 35055

Contact Person: Larry Cox

Residential

Website: <http://ncaaa.tripod.com/>

- The philosophy of treatment is based on the 12 Steps of Alcoholics Anonymous. Clients participate in the program of Recovery Dynamics. Residents receive individual counseling, group counseling and attend inhouse 12-step meetings.
- The program lasts 90 calendar days. Transportation is available to community based meetings of AA and NA including annual Roundup meetings. Clients participate in relapse prevention and recreational activities as well as local shopping trips.
- Referral is provided to outside agencies such as Alabama Vocational Rehabilitation Services for vocational evaluation and placement. Other community services are utilized and based on individual needs. During recovery the clients receive nutritious meals and live comfortably in a homelike environment.
- Clients are introduced to local employers and employment agencies to assist them in their job search. Transportation to and from the job within the city limits is provided. Upon employment residents assume responsibility for room and board based on a sliding scale.
- Admission criteria
 - Applicants must:
 - Have completed a 28 day treatment in the last year
 - Be male and 21 years of age or older.
 - Have a recent (less than 6 months old) psycho-social assessment with a primary diagnosis identifying them as alcohol and/or drug dependent.
 - Have a social security card or a computer printout from the Social Security office and a picture ID.
 - Be free of all mood altering chemicals at the time of admission.
 - Agree to drug screening.
 - Pay an admission fee.
 - Fee's and things needed:
 - Admission \$125.00
 - Room and Board (sliding scale)

- The Program lasts 13 weeks (90 days)
- You need clothing (about a weeks worth)
- Towels and Washclothes
- Personal Hygiene item (can't contain any alcohol)
- Laundry Soap
- Alarm Clock
- You can have a little cash for snacks, cold drinks and tobacco products.

DOTHAN

[The Haven Recovery Center](#)

Tel: 334.794.0907

Address: 831 John D. Odom Rd., Dothan, AL 36303

Contact: Tonya Herbold

Residential

Website: <http://spcare.com/the-haven/>

- The Haven is a substance abuse crisis residential (short term) treatment center located in Dothan, Alabama. The philosophy of the Haven is that chemical dependency is a psychosocial, bio-genetic disease that when properly treated can enable an individual to live a chemically free lifestyle, indefinitely, without relapse provided he/she maintains a long term recovery program. Upon admission to the Haven, the client will be assigned a primary therapist who is responsible for devising and implementing a well-defined, realistic individualized treatment plan for resolving clinical issues blocking the client's efforts of achieving long term sobriety. The program offers services to clients in a setting that provides extensive and intensive therapy and educational services, as well as food and shelter. The core functions of the Haven include a full time residential environment, all meals; group, individual and family therapy; supportive counseling; substance abuse education; case coordination; continuing care planning, and emergency medical response. Treatment plans are individualized, but include individual counseling, group therapy, family therapy, lectures and discussion, family strengthening groups, recreation therapy, AA/NA meetings and a weekly continuing care program. The Haven can accommodate up to 26 male and 10 female residents. Length of stay averages 14 to 28 days.

[Herring House](#)

Tel: 334.699.3175

Fax: 334.699.3137

Address: 101 North Herring Street, Dothan, AL 36303

Contact Person: Dr. Larry Kirkland

Residential

Website: <http://www.herringhouses.com/hh/index.html>

- We must have your approximate release date or the actual date you need a bed.
- As a requirement, you must have a psychosocial assessment sent to us before being placed on our waiting list.
- All referrals must be discussed with our Clinical Director Marcie Johnson, MS, ALC, who coordinates all admissions into our program.
- You must have at least 72 hours of verifiable clean time to enter our program if you are coming from a detox facility, be approved by staff, and have a history of prior treatment experience.\
- For all other referrals to our waiting list, such as clients who are currently incarcerated or who are referred to our program directly from the client’s family, a treating physician, primary counselor, a District Attorney’s office, Drug Court or private attorney: These must be discussed with the Clinical Director, who manages the waiting list and oversees all admissions to our program.
- A minimum total of \$340.00 is due upon intake. Your first two week’s rent of \$300.00 is included in this intake amount and is required for you to move into our facility. Also included in this intake amount is an admission fee of \$40.00 to cover reports to the courts, urine drug testing, initial chart set-up, etc. (The total admission cost of \$340 is non-refundable once you have moved into our program.)
- Your first two week’s rent (\$300), paid as a portion of the \$340 admission cost, is for your first two full weeks here (Sunday through Saturday). You will be charged a prorated amount of \$20 per night for the fraction of your first week if you move in on any day other than Sunday. This prorated amount is also due upon move in.
- Bed space priority is given on a first-come, first-served basis. The prospective resident is responsible for securing a place on our waiting list. Have your family, your therapist or other support person contact us directly if another party is helping you. However, you should take responsibility for seeing that you have a space reserved here with us.
- We provide free pickup service from Greyhound Bus Lines in Dothan. The number for Greyhound Bus Lines is 800-231-2222. The Greyhound terminal at 285 South Foster Street in Dothan may be dialed directly at 334-792-1191.
- We also provide airport pickup service at the Dothan Regional Airport free of charge for clients coming from treatment out of state. Please arrive by 3:00pm so there is time to complete our office check in, move you in, introduce you to the staff and room-mates, get you to the grocery store and a meeting. ExpressJet, which is the Delta Connection, is the only commercial air service to Dothan. Delta Airlines may be reached at 800-221-1212.
- You are required to bring with you a valid, state or federal government issued photo ID. This may be a “non-driver” photo ID, or it can be a regular driver’s license. You must have an acceptable valid photo ID. A Department of Corrections photo ID will not be adequate.
- All residents need to be employed on a full-time basis.

GADSDEN

C.E.D. Fellowship House

Tel: 256.413.3470

Fax: 256.413.3472

Address: 4209 Brooke Avenue, Gadsden, Alabama 35904

Contact Person: Sam J. Long IV

Residential

Website: <http://www.cedfellowshiphouse.org/>

- The C.E.D./FSH program is operated by a qualified staff as per the standards of the State of Alabama-DMH/SASD. The program is structured to provide the highest quality residential services for adult males that have a history of prolonged substance abuse, and/or their current living arrangement are not conducive for a lifestyle free from substance abuse.
- The program subscribes to the concept that addiction is a disease, and that prolonged and excessive use of alcohol/drugs leads to jails, institutions and death. The program is designed to provide residential rehabilitation services for individuals suffering from substance abuse in an atmosphere for complete re-socialization in a homelike setting with support of outside 12 Step groups such as Alcoholics Anonymous, Narcotics Anonymous, and other approved 12 Step based self-help groups. We also utilize other community programs and resources in our effort to assist the client in his personal recovery and growth.
- Intake/orientation is conducted upon the clients arrival at our facility, particular emphasis is directed to any immediate needs of the client including, clinical, medical, legal, etc.
- Individual rehabilitation plans are formulated with the client's input of presenting problems. Upon completion of initial assessment, weekly "staffings" are held to evaluate the progress and or lack of progress and particular needs of the client. Rehabilitation planning consists of identifying problems, resources available, and client's capabilities and the establishment of goals. These goals and objectives and methods of achievements relative to presenting problems will be measurable and documented. Program clients have input and participate fully in the rehabilitation planning process.
- Admission Criteria
 - These are some basic criteria for admission to our program:
 - In order to be considered for placement at our facility we must receive the following
 - An Adult Psychosocial Assessment (using DSM-IV TR diagnosis codes), on a state approved ASAM form, conducted by someone with a Master's Degree or higher in a Clinical Counseling field recommending this level of care. (Level III.1 Clinically Managed Low Intensity Residential Treatment Program).
 - Must be 18 years old or above.
 - Must be willing and able to work a full-time job. (If able.)
 - Must be willing and able to participate in 12-Step Groups and all program clinical activities.
 - Must submit to a drug/alcohol screen prior to admission and test negative on this screen. And submit to drug/alcohol screens on a regular basis throughout your FSH house stay.
- In the case of an incarcerated individual, you will receive the same consideration as anyone else. Yet, you must realize that in the case of parole, etc., you may be scheduled to be released on a particular day and we may not have an opening that day....,in which case you may be held a few days, weeks, etc., longer before we would have a bed available. If you are willing to accept this

condition, you will certainly be given every consideration. Also, we require that State inmates provide proof of successful completion of a SAP, TC, or Crime Bill substance abuse program while incarcerated. If you are placed on our waiting list we expect you to maintain contact with us until your release.

- NOTE: We are unable to accept sex offenders.
- Financial Obligation: \$100.00 Admission Fee (you will not be turned down for admission if you do not have this fee up front). Once you become gainfully employed we will deduct 30% of your weekly net income (not to exceed \$75.00 per week) for room and board. We also charge a transportation fee of \$2.00 per trip for rides to and from work (not to exceed \$20.00 per week).

GUNTERSVILLE

Cedar Lodge Substance Abuse Services

Tel: 256.582.4465

Fax: 256.582.5339

Address: 22165 US Hwy 431, Guntersville, AL 35976

Contact person: Myron Gargis

Residential

Website: http://www.mlbhc.com/ALL_NEW3/index.html

- Mountain Lakes Behavioral Healthcares substance abuse services facility, Cedar Lodge, provides a Level III.5 - Clinically Managed High Intensity Residential Program that serves both men and women from all areas of the state of Alabama.
- Treatment at Cedar Lodge is affordable for everyone. Fees are established for all categories of services provided. PEEHIP and SEIB preferred provider for Blue Cross/Blue Shield; major credit cards are accepted and payment plans can be arranged.
- Assessment:
 - A standardized psycho-social assessment is a prerequisite to treatment.
- Cedar Lodge provides a Level III.5 - Clinically Managed High Intensity Residential Program and a Prevention Program. It provides the chemically dependent person the opportunity to obtain stabilization in a structured therapeutic environment and to gain the necessary life skills to live a sober and productive life. The treatment program normally lasts from two to three weeks and consists of group therapy, individual therapy, family therapy, and active participation in 12-Steps support groups. Assistance with G.E.D. work is provided, if needed.
- Candidates for the Level III.5 - Clinically Managed High Intensity Residential Program must be 19 years of age or older and have a primary diagnosis of chemical dependence. A candidate must be sober for at least seventy-two hours prior to admission. This is an intensive, voluntary treatment setting designed to help create a foundation on which the chemically dependent person can build a life changing recovery program, which is an ongoing process.
- The admission fee for the Level III.5 - Clinically Managed High Intensity Residential Program is \$300.00.

Substance Abuse Prevention Program

- Preventive services are provided as a part of the Mountain Lakes Substance Abuse Program. Prevention activities focus on teaching life skills to both children and adults. Children's workshops focus on using a variety of activities to encourage children to develop self-respect and respect for others. Adult workshops include parenting classes, stress-management and general workshops on alcoholism and addiction.

HUNTSVILLE

The Pathfinder, Inc.

Tel: 256.534.7644

Address: 3104 Ivy Ave SW, Huntsville, AL

Contact: Loretia Hughley

Residential

Website: <https://www.facebook.com/pages/The-Pathfinder-Inc/159007527482704?id=159007527482704&sk=info>

- The mission of The Pathfinder, Inc. is to help chemically dependent men and women learn daily living skills that lead to a responsible, clean and sober way of life. Since 1976, The Pathfinder, Inc. has provided long-term residential rehabilitation services to over 1,500 men and women who have been diagnosed with alcohol and/or drug dependence
- The Pathfinder, Inc. is a Recovery Oriented Systems of Care Residential Rehabilitation facility, the only facility certified by the Alabama Department of Mental Health and Mental Retardation which provides programs and services to males and females 18 years and older, who suffer from the disease of addiction and have a desire for recovery. The Pathfinder, Inc. is a 90-day program which provides services, such as food and shelter, case management, individual substance abuse counseling, group counseling, transportation, drug screening, continuous access to staff (24 hours a day, 7 days a week, 365 days a year) and assistance with independent living skills provided in a safe and structured environment in order to address their physical and emotional needs. The goal of the Pathfinder program is to help clients replace their harmful behaviors with healthy ones, gain awareness, knowledge, and skills to become stably housed, gainfully employed or achieve their individualized life objectives that will help them remain drug and alcohol free, and be productive members of their families and society

MADISON

Bradford Health Services

Tel: 256.461.7272

Address: 1600 Browns Ferry Road, Madison, AL 35758

Contact person: Natalie Taylor

Residential

- Located in Madison, Alabama, the facility is less than 10 miles from the Huntsville International Airport. Families arrive via our beautiful tree-lined drive and are greeted by our caring and compassionate staff. The inpatient treatment program offers adults an opportunity to heal

mind, body, and spirit through a variety of individual, group, and family therapies in a relaxing and calming environment. In addition to substance abuse services for adult patients, the Madison facility is home to Bradford Health Services' adolescent inpatient program. The adolescent program helps adolescents and their families find their way back from substance abuse and behavioral problems with treatment designed to address the special needs of adolescents, emphasizing individualized academic programs, therapy through recreation, and proven clinical approaches. Both our adult and adolescent inpatient programs provide a safe, protected, supervised environment for the best recovery experience of the patient and peace of mind for their loved ones.

MOBILE

Dauphin Way Lodge

Tel: 251.459.6135

Address: 1009 Dauphin St, Mobile, AL 36604

Contact Person: Amy McBride

Residential & Outpatient

Website: <http://salvationarmyalm.org/coastalalabama/how-we-help/dauphin-way-lodge/>

- It is a state certified facility for alcohol and drug rehabilitation. Clients have access to a variety of treatment programs that address the physical, mental, emotional and social needs of each client. Case management is tailored to meet each client's specific needs – whether one needs four hours per month of counseling or 28 hours per week of counseling. Dauphin Way Lodge is directed by a team of masters-level counselors with special training in treating drug and alcohol dependencies.

Three programs are run under Dauphin Way Lodge:

Crisis Residential (CR) is an intensive recovery program for men

- Participants receive individual, group and family therapy, plus vocational counseling. After completion of this 28-day program the client will receive recommendations for the next phase of their rehabilitation, which may include follow-up treatment through other Salvation Army programs.

Residential Rehabilitation (RR)

- A six-month program for men who have completed a recovery program and who need a drug and alcohol free environment while getting back on their feet. It provides a supportive, home-like atmosphere and continued support for those working to maintain sobriety. The goal of this program is to foster the client's recovery so he can re-enter society as a sober, productive and independent citizen.

Intensive Outpatient Program (IOP)

- Provides counseling and treatment for both men and women, while they live at home and maintain regular jobs. Sessions are held during daytime and evening hours. Services are individualized based on client need

MONTGOMERY

Bradford Health Services

Tel: 334.244.0702

386 St. Luke's Drive, Montgomery, AL 36117

Contact person: Scott Clark

Outpatient

Website: <http://bradfordhealth.com/locations/montgomery-regional-office/>

- Services:
 - Adolescent Intensive Outpatient Program
 - Adolescent Continuing Care
 - Adult Intensive Outpatient Program
 - Adult Outpatient Detox
 - Adult Continuing Care
 - General Family Support
 - General 12-Step Meeting
 - General Educational Classes

Chemical Addiction Program (CAP)

Tel: 334.269.2150

Address: 1153 Air Base Blvd., P.O. Box 9269, Montgomery, AL 36108

Contact person: Rita Trawick (Inpatient); Lisa Fox (Outpatient)

Residential & Outpatient

Website: <http://www.capmgm.com/>

- The Chemical Addictions Program, Inc., or CAP, is a private non-profit agency certified by the Alabama Department of Mental Health and Mental Retardation to provide outpatient substance abuse treatment for Elmore, Montgomery, Autauga and Lowndes counties and adult male inpatient treatment for the state of Alabama.
- Our primary responsibility is to provide substance abuse treatment for those who lack insurance coverage or other financial resources necessary to obtain treatment through the private sector.
- CAP operates the area's only adult short term crisis residential program for the treatment of drug and/or alcohol addiction. CAP is also the 2nd largest provider of adolescent outpatient and intensive outpatient substance abuse treatment in the state of Alabama and is one of the largest adult intensive outpatient service providers in the state.

Montgomery VA

Tel: 334.272.4670

Address: 215 Perry Hill Rd., Montgomery, AL 36109

Residential and Outpatient

Website: <http://www.centralalabama.va.gov/index.asp>

- CAVHCS was established January 1, 1997, from the merger of the Montgomery and Tuskegee VA Medical Centers, which are approximately 40 miles apart. Along with two community-based outpatient clinics, these four sites serve more than 134,000 veterans living in a 43-county area of Georgia and Alabama.
- Services Offered:
 - Acute Care, Specialties & Diagnostics
 - Extended Care and Rehabilitation
 - Former Prisoners of War Advocate
 - Home Based Primary Care
 - Mental Health
 - PTSD Resources
 - Pastoral Care Education
 - Pharmacy
 - Primary Care
 - Social Work

[The Lighthouse Counseling Center](#)

Tel: 334.286.5980

Address: Lighthouse Counseling Center, Inc., 111 Coliseum Blvd., Montgomery, AL 36109

Contact person: Dr. Patricia Thomas

Outpatient

Website: <http://lighthousehelp.com/>

- The Mission of the Lighthouse Counseling Center, Inc. is the healing, restoration, and education of the people of our community to effectively and compassionately improve the quality of life for those we serve.
- Our services include:
 - Substance Abuse Treatment
 - Housing for Homeless
 - Prevention of Substance Abuse and HIV/AIDS
 - Rape Crisis Services and Forensic Exams

Substance Abuse Treatment

- Intensive outpatient services (IOP) are available to adults at various times throughout the day. In addition, specialty services are offered to, women who are pregnant or have dependent children, and those with a co-occurring disorder (those who have both a mental illness and a co-occurring substance abuse disorder). The New Life Program is provided for inmates at the Montgomery County Detention Facility where group counseling is conducted for those with a substance abuse/dependency diagnosis.

Renascence Inc

Tel: 334.832.1402

Fax: 334.832.1402

Address: 215 Clayton St., Montgomery, AL 36104-3431

Contact Person: Dana Dunklin/Al Smith

Residential

Website: <http://www.halfway-home.net/main.html>

- It's a residential reentry center that helps non-violent men on probation or parole from the Alabama Department of Corrections make a successful transition to responsible living in a community. Recognizing that the greatest factors in relapse into crime are: homelessness, unemployment, lack of education, job skills, work history, addiction to drugs or alcohol, and often breakdowns in the family unit, Renascence has designed a program to address each in a holistic manner.
- A safe community and a structured environment helping ex-offenders obtain and keep employment and live responsibly in society. The program helps former inmates overcome challenges in the areas of work skills and habits, substance abuse, education and family and community responsibilities. Similar to the word "renaissance," the name Renascence ("reh NAY sons") means rebirth and was inspired largely by the fresh start the men begin in our program.
- This is accomplished by changing an individual's life style through a community of concerned people working together to help themselves and each other.
- The community represents a highly structured environment with defined boundaries, both moral and ethical. It employs community imposed sanctions and penalties as well as earned advancement of status and privileges as a part in the recovery and growth process.
- Renascence can accommodate up to 12 ex-offenders at a time. They are required to work or attend school and must pay rent and abide by all house rules. The residents are expected to stay at Renascence for up to a year.

OPELIKA

His Place

Tel: 334.332.3932

Address: P.O. Box 2888, Opelika, AL 36803

Contact Person: Rick Hagans

Residential

Website: <http://www.harvestevangelism.org/hisplace.html>

- Our one year residential discipleship ministry incorporates a combination of Bible-based teaching, life skills classes, one-on-one discipleship and an opportunity to grow in ones work ethic. Our desire is see me transformed into the image of Christ who will return home as the godly husbands, fathers, and sons that they were created to be. Call me at (334) 703-4050 to schedule an appointment to come and visit or tour our His Place downtown facility or our His Place Farm.

- Our one-year residency program is composed of intensive Bible-based teaching and training. We offer a very structured program, helping men learn to be accountable for their attitudes and behavior. We accomplish these goals in a loving, Christian home life environment.

RUSSELLVILLE

Riverbend Center

Tel: 256.332.0078

Address: 205 S. Jackson Avenue, Russellville, AL

&

635 W. College Street, P.O. Box 941, Florence, AL 35630

Contact Person: Ciji Mosley

Residential & Outpatient

Website: <http://www.rcmh.org/>

Riverbend

- Riverbend Center for Mental Health shall provide the residents of Colbert, Franklin, and Lauderdale counties access to a comprehensive array of professional medical and rehabilitative services for the diagnosis and treatment of mental illnesses, substance abuse, and emotional conditions.

Sunrise Lodge

- A residential treatment facility for male substance abusers. Through this program, clients participate in group, individual, and family therapy as well as community self-help groups, study groups, chemical dependency education, and skill building related to issues such as family, self-esteem, and stress management.

SPANISH FORT

The Shoulder

Tel: 251.626.2199

Fax: 251.626.2388

Address: 31214 Coleman Lane, Spanish Fort, AL 36527

Contact Person: Kerri Pinnegar

Outpatient (men & women); Residential (men only)

Website: <http://www.theshoulder.org/index.html>

- The philosophy of The Shoulder is that alcoholism/chemical dependency is a chronic, progressive, and potentially fatal illness which is treatable.
- The Shoulder's Mission and Purpose is to provide long-term residential and outpatient treatment for those afflicted with the disease of alcohol and/or chemical addictions.
- The Shoulder's philosophy is that everyone deserves a chance toward recovery, regardless of ability to pay. The Shoulder will never reject a client solely because of financial reasons.
- The Shoulder will present a treatment experience which offers treatment for addiction through a following a Christ-centered, 12-step model. The client will always be treated with respect and dignity as befits one of God's children. Counselors will focus on recovery as a process of

restoring the broken harmony of the mind, body and spirit existing in people with addictive problems.

- The addictive disease is further viewed as a family disease. It is the goal of The Shoulder to restore entire families to wholeness, not just addicted individuals. The Shoulder is convinced that healthy families result in healthier communities.
- The ultimate mission and purpose of The Shoulder is to restore addictive individuals to sobriety, successfully balancing physical and mental health, family issues, and Christ-centered spirituality

MEN AND WOMEN

- **Assessments** for Substance Abuse
- **Outpatient** substance abuse treatment
- **Individual** treatment
- **Outpatient codependency** group for family and friends affected by someone else's addiction. (No assessment needed)

MEN ONLY

- **Residential** substance abuse treatment
 - Clients live onsite, work during the day, and receive treatment in the evening-Daphne office
- **Referrals** are also available for Department of Transportation evaluations, Suboxone treatment, and mental health counseling.

SYLACAUGA

Cheaha Regional Mental Health Center

Tel: 256.249.2395

Fax: 256.245.9548

Address: 1721 Old Birmingham Hwy, Sylacauga, Alabama 35150

Contact Person: David Stevens

Outpatient & Residential

Website: http://crmhc.org/poc/view_doc.php?type=doc&id=42490#

- The Caradale House was established in 1976 in collaboration with Avondale Mills, hence the name Care and dale or Caradale. It was located in what was known as the Cotton Bowl because it was the outlet for the sales of material overruns by Avondale Mills. It started with twelve male beds and gradually grew to house twelve males and four females. In 1986 a new facility was dedicated across the street from the original facility and the name was changed to Caradale Lodge. This beautiful facility originally housed twelve males and four females in a state of the art building. The facility has since grown to include a separate women's facility that houses eight additional beds and provides an array of treatment and prevention services to the community and the State.

Substance Abuse Assessments and Drug Screens

- Assessments are available by appointment and are required to be admitted to any certified substance abuse treatment program. Urine, drug and alcohol screens are conducted by trained personnel as a part of Residential and Outpatient programs. They are conducted at the time of

admission, on a random basis and at discharge if requested. Onsite and laboratory tests are utilized. Assessments and drug screens are offered to the community for a fee.

Level III.5 Clinically Managed Adult Residential Services

- We offer a 14-21 day adult residential substance abuse treatment program to both males and females who suffer with moderate to severe addiction and/or co-occurring problems. Participants must be medically and psychologically stable prior to admission and must bring approved prescribed medications.

Adult and Adolescent Level I Outpatient

- We provide outpatient substance abuse and co-occurring individual, group and family therapy to adolescents and adults who have a stable living environment, but suffer from a substance abuse problem. Services are offered afternoons and evenings to increase availability to those who work or go to school.

Detoxification – (Level III.7 Detox)

- Individuals who have a positive drug screen and are determined to have symptoms of physical withdrawal by the Nurse Supervisor will be admitted for medical detoxification under the supervision of the Medical Director.

TUSKEGEE

Tuskegee VA

Tel: 334.727.0550

Address: 2400 Hospital Avenue, Tuskegee, AL 36083

Residential and Outpatient

Website: <http://www.centralalabama.va.gov/index.asp>

- CAVHCS was established January 1, 1997, from the merger of the Montgomery and Tuskegee VA Medical Centers, which are approximately 40 miles apart. Along with two community-based outpatient clinics, these four sites serve more than 134,000 veterans living in a 43-county area of Georgia and Alabama.
- Services Offered:
 - Acute Care, Specialties & Diagnostics
 - Extended Care and Rehabilitation
 - Former Prisoners of War Advocate
 - Home Based Primary Care
 - Mental Health
 - PTSD Resources
 - Pastoral Care Education
 - Pharmacy
 - Primary Care
 - Social Work

WARRIOR

Bradford Health Services

Tel: 205.647.1945

Address: 1189 Allbritton Road, Warrior, AL 35180

Contact Person: Peggy Davidson

Residential and Outpatient

- The Warrior Lodge is a Bradford Health Services inpatient treatment facility surrounded by century-old trees and the serenity of nature. It is quietly tucked away on 80 wooded acres among the foothills of the Appalachian Mountains near Birmingham, AL. Located just 30 minutes north of the Birmingham International Airport, it is easily accessible from all regions of the country. Yet it's secluded, cleansing environment feels a million miles away from all the pressures and distractions of everyday life. Our residential inpatient program provides a safe, protected, supervised environment for withdrawal caused by the physical and behavioral complications associated with addiction

FLORIDA

PANAMA CITY

CARE (CHEMICAL ADDICTION RECOVERY EFFORTS)

Tel: 850.872.7676

Address: 4000 E. 3rd Street, Panama City, FL 32404

Contact Person: Delores

Detox and Residential

- Chemical Addictions Recovery Effort (CARE), Inc. is a non-profit agency dedicated to providing prevention, intervention, treatment and recovery services to assist individuals and their families change unhealthy behaviors, reduce the stigma, and improve their lives. CARE includes family members because we realize chemical addiction can be as devastating to those close to the substance abuser as it is to the one who has the disease.
- CARE offers a full range of licensed services for all age groups and our trained and dedicated staff is available to help individuals and their families evaluate their need for treatment. Involvement with Alcoholics Anonymous (A.A.), Narcotics Anonymous (N.A.), and other support groups is an integral part of the treatment process at CARE. Services are also coordinated with other community organizations.
- There is a \$250 entry fee for non-Florida residents for detox program.

PENSACOLA

House of Liberty

Tel: 850.438.5230

Pensacola, Florida 32404

Contact Person: Buddy Anderson

- Admission interview with Buddy Anderson
- Facility is a religious belief home that helps men get back on their feet.
- Personal hygiene supplies are needed
- Food is provided

Pensacola

Lakeview Center

Tel: 850.469.3579

Address: 1221 W. Lakeview Avenue, Pensacola, FL 32501

Contact Person: Edgar Gonzales

Residential & Outpatient

Website: <http://www.elakeviewcenter.org/BehavioralHealth/AdultResidentialTreatment.aspx>

Adult Residential Treatment (ART)

- Provides treatment for men who are at least 18 years old and have histories of substance abuse or addiction. The program addresses not only drug or alcohol dependencies, but also the psychological, vocational, educational, legal and interpersonal challenges that can accompany substance use disorders. Conducted in a highly structured environment, this program provides a variety of services including group and individual counseling, psycho-educational seminars, support groups, medical evaluation and referrals, leisure activities, and relapse prevention and continuing care. The goal is to help clients achieve and maintain abstinence by developing the skills and support systems they need to live drug-and-alcohol free. The length of stay varies according to clinical needs, usually ranging between 30 to 90 days.

GEORGIA

ALBANY

The Anchorage

Tel: 229.435.5692

Fax: 229.435.5693

Address: 162 Hampton Ln, Leesburg, GA 31763

Contact Person: Dudley Thomas

Residential

Website: <http://www.anchorageofalbany.org/index.php>

- The Anchorage, Inc., is a 501 (c) (3) non-profit Christian organization dedicated to the transformation of men whose lives have been ravaged by alcohol/drug addiction.
- There is no charge to clients for the sixteen-week Phase I of our program other than a \$40 processing fee. This program is totally supported by individuals, businesses, civic organizations, churches, and foundations from the local community and beyond.
- Our programs consist of two separate and distinct phases.

Phase I

- Focus mainly on the spiritual aspect of addiction and teaches the skills to confront and overcome problems.

Phase II

- Complement Phase I and teaches the skills for productive living.
- Steps to admission:
 - Potential clients who can meet all the admission requirements listed below should call 229-435-5692 and ask for Admissions. If the potential client is unable to call, either a medical or legal professional representative should call to begin the admission process.
 - Review the following requirements to determine potential eligibility.
 - Call Admissions for a telephone interview - this official intake phone interview can only be conducted with the potential client and/or his legal or medical professional representative - not a family member or friend.
 - After the phone interview has been conducted have all required paperwork submitted to The Anchorage by mail or by fax.
 - No determination of eligibility for admission can be made until all the requirements have been met and the paperwork submitted.
 - Only when a preliminary determination of eligibility has been made by Admissions can the potential client be placed on a waiting list consisting of those who are actually waiting for an opening for admission. Prior to that determination the potential client will be on a much longer list of persons expressing interest in admission but awaiting submission of paperwork.
 - Intake Requirements:
 - Must be detoxed with at least 5 days absent of drugs or alcohol.
 - Must have a permanent address and a monetary sponsor.
 - Must be open to a Christian environment.
 - Must provide proof from an accredited medical source that he has been screened and cleared of Tuberculosis, Hepatitis A,B & C, HIV/AIDS, and all STD's within the last 90 days.
 - Must not be mandated or have any legal or medical issues that would cause him to leave the facility during his first 16 weeks of treatment.
 - Must be physically able to fully participate in all of the program's activities.

- Each client must have a government issued picture ID before being allowed into the program and maintain possession of that ID during his stay.
- Must resolve all dental, medical, eye and personal care needs/appointments prior to entry in the 16 week program.
- Must not have any co-occurring disorders, nor be on any narcotic or other psychotropic medications. If he is prescribed any prescription meds, the clinical director will review, on a case-by-case basis, before entry into the program is allowed.
- Clients may not have any violent criminal charges including any violent sexual related charges either pending or on his record. A criminal history background report is required and will be obtained by The Anchorage, after written consent is obtained from the client. The processing fee for the report is included in the \$40 book, supplies and admission processing fee which must be paid for by the client. The Director will review and approve each record prior to admission/acceptance into the program.
- If a client has participated in 5 or more treatment programs, he will not be eligible for admission into The Anchorage program without special permission granted by both the Executive and Clinical directors.
- **Additional Requirements:**
 - Phase I services are provided at no cost to the client. A \$40 book, supplies and admission processing fee must be paid on admission. This fee includes the cost of the required background check.
 - Clients are required to bring clothing, face & bath towels, washing detergent (liquid ONLY), personal hygiene products, shower shoes, blanket, sheets and a pillow for a twin bed. Please be sure that all products contain no percentage of alcohol, or those items will be confiscated and not returned. Aerosol hairspray and /or liquid shoe polish will not be permitted.
 - Clients may bring an alarm clock, but no type of radio or music equipment is allowed.
 - Clients are limited to no more than 3 Christian oriented reading books, not including the Bible and the AA book.
 - Cell phones are not permitted.

ALAPAHA

[Penfield Christian Homes](#)

Tel: 229.543.0003

Address: South Campus, 15320 US Hwy 129, Alapaha, GA 31622-7351

Contact Person: Walter Muller

Residential Treatment

Website: <http://www.penfieldrecovery.com/index.shtml>

- Penfield Christian Homes is a nonprofit 501 (c) 3 organization carrying out its mission to "Reclaim Alcohol and Drug Addicted Men And Women through Christ and Christian Love." We

now help over six hundred men and women per year, additionally providing support and counseling for their families. The program at Penfield is a six week cyclical program teaching Science Based Recovery as well as Relapse Prevention from a Christian perspective.

- Addiction is a lifestyle related health problem with biological, psychological, sociological, and spiritual dimensions. The mission and ministry of Penfield Christian Homes are to address the whole person.
- Through a unique Christ-centered approach and specialized six week circulatory curriculum we have developed a program that focuses on addiction as a lifestyle related health problem with biological, psychological, sociological, and spiritual dimensions.
- Other issues such as the importance of personal hygiene, timeliness and a good work ethic will also be addressed. Each individual will have specific work responsibilities and expectations to help forge a new path to responsible behavior... our end goal is to celebrate recovery with a new outlook on life and productivity; on building lasting relationships, on respecting yourself and others.
- The ministry of Penfield is rooted in the belief that recovery from the addictive use of alcohol and drugs can be achieved through a personal faith in Jesus Christ.
- In addition to individual & group counseling, bible study and devotions, drug and alcohol education, relapse prevention and spiritual guidance we also provide a family education day for those that are closest with the client.
- While at Penfield Christian Homes the clients will participate in AA and NA meetings, Overcomer's outreach meetings, Celebrate recovery meetings, and of course church services
- Programs
 - Bible study & Devotions
 - Drug & Alcohol Education
 - Relapse Prevention Counseling
 - Spiritual Guidance
- Additional Services & Therapies:
 - Meditation
 - All Purpose Room
 - Client Gym
 - Client Volleyball
 - Herring Dorms
 - Quiet Time

AMERICUS

Middle Flint Behavioral HealthCare

Tel: 229.931.2470

Address: 415 North Jackson Street, Americus, GA 31709

Residential & Outpatient

Website: <http://www.middleflintbhc.org/#!addictive-disease-services/cug0>

- Regardless of location: We provide services in several county locations and provide outreach services to all counties for many of our services. We also operate transportation routes for all-day training and vocational programs. Check out our map of area services for more information.
- Regardless of income: Our services are available based on a sliding scale of ability to pay.
- Our mission: To provide cost-effective, quality treatment, consultation, education and support services to people with addictive, emotional, behavioral, and/or developmental issues. Individual and family needs will be met through professional, confidential, and therapeutic collaboration.
- Our vision: To create an organization that is recognized by our community as a quality investment, dedicated to making a difference in the lives of individuals and families within our community, values employees, and is well managed and solvent.
- Intensive Outpatient – Individuals receive evaluation, individual, family and/or group counseling, and medical assessment. Education about the nature of addictive disease is provided. Community support services are also available. If you think you or a family member need to talk regularly with others about coping with addiction, intensive outpatient may be your choice.
- Detoxification – For individuals who are significantly intoxicated or under the influence of certain drugs or medications, a detoxification process may be beneficial. Under close medical supervision, an individual can receive help in getting all substances out of his or her system. Evaluation, education and group therapy are also provided.
- Long-Term Residential – Because of their problems with alcohol or drug abuse, many individuals are unable to live with their families or own their own. For people who are in treatment and not living at home, Middle Flint may provide other living options. One unique program Middle Flint operates is Serenity Farm, a long-term residential treatment program for mothers with young children, with a goal of keeping families together.
- Community Outreach – In addition to serving enrolled clients, our mission takes us into our communities, providing services to the general public and “at-risk” populations. Examples of these activities include:
 - Our Prevention program, providing alcohol and drug education to student and the public, and cited as an exemplary program by national surveyors;
 - HIV testing – individuals with substance abuse problems are at significantly higher risk of contracting HIV/AIDs, particularly intravenous drug users. We provide confidential testing and consultation.

BAXLEY

[Appling Integrated Treatment Facility](#)

Tel: 912.367.1761

Fax: 912.367-1774

Address: 252 West Park Drive, Baxley GA 31513

Contact Person: Kendra Youmans

Residential

Website: http://www.dcor.state.ga.us/GDC/FacilityMap/html/S_50001198.html

- The goal of the Applying Integrated Treatment Facility is to reduce chronic recidivism of substance abuse and crime by meeting the dual diagnosis needs of probationers. The program elements consist of advanced cognitive-behavioral substance abuse treatment and mental health services administered through a nine month residential program which targets high risk, high needs offenders with a history of substance abuse. The Residential Substance Abuse Treatment Program is designed to correct the attitude and motivation of offenders through work and a structured living environment while targeting the re-entry needs of probationers, and reducing the risk to re-offend. Ware State Prison is the host facility.
- Housing:
 - Consists of four dormitories with 57 beds each. Four single cells are used for isolation or segregation.
 - Open dormitory
 - Residential substance abuse program
 - Single cells
 - Medium security
- PROGRAMS:
 - Academic: Adult Basic Education, Literacy Remedial Reading, and General Education Diploma Preparation
 - Counseling : Motivation For Change, Family Violence, Moral Recognition Therapy, Re-Entry/TOPPSTEPP, Career Center, Residential Substance Abuse Treatment Program, Sex Offender Psycho-Educational Program, and Alcoholics Anonymous/Narcotics Anonymous
 - Recreation: General Recreation
 - Religious Activities: Various Worship Services
 - Vocational/OJT: Barbering, Custodial Maintenance, Food Preparation, Kitchen Helper, Baker, Cook, Groundskeeper, Laundry, Maintenance Repair, Building, Career Guidance Technician, Career Guidance Aide, General Office Clerk (Education), and General Office Clerk (Library)

LAYFETTE

Penfield Christian Homes

Tel: 706.749.1314

Address: North Campus, 702 E Villanow Street, LaFayette, GA 30728-2619

Contact Person: Allen Stone

Residential Recovery

Website: <http://www.penfieldrecovery.com/index.shtml>

- Penfield Christian Homes is a nonprofit 501 (c) 3 organization carrying out its mission to "Reclaim Alcohol and Drug Addicted Men And Women through Christ and Christian Love." We now help over six hundred men and women per year, additionally providing support and counseling for their families. The program at Penfield is a six week cyclical program teaching Science Based Recovery as well as Relapse Prevention from a Christian perspective.
- Addiction is a lifestyle related health problem with biological, psychological, sociological, and spiritual dimensions. The mission and ministry of Penfield Christian Homes are to address the whole person.
- Through a unique Christ-centered approach and specialized six week circulatory curriculum we have developed a program that focuses on addiction as a lifestyle related health problem with biological, psychological, sociological, and spiritual dimensions.
- Other issues such as the importance of personal hygiene, timeliness and a good work ethic will also be addressed. Each individual will have specific work responsibilities and expectations to help forge a new path to responsible behavior... our end goal is to celebrate recovery with a new outlook on life and productivity; on building lasting relationships, on respecting yourself and others.
- The ministry of Penfield is rooted in the belief that recovery from the addictive use of alcohol and drugs can be achieved through a personal faith in Jesus Christ.
- In addition to individual & group counseling, bible study and devotions, drug and alcohol education, relapse prevention and spiritual guidance we also provide a family education day for those that are closest with the client.
- While at Penfield Christian Homes the clients will participate in AA and NA meetings, Over comer's outreach meetings, Celebrate recovery meetings, and of course church services
- Programs
 - Bible study & Devotions
 - Drug & Alcohol Education
 - Relapse Prevention Counseling
 - Spiritual Guidance
- Additional Services & Therapies:
 - Meditation
 - All Purpose Room
 - Client Gym
 - Client Volleyball
 - Herring Dorms
 - Quiet Time

SYCAMORE

Turner Integrated Treatment Facility

Tel: 229.567.4301

Fax: 229.567.9341

Address: 514 south railroad Ave, Sycamore GA 31790

Contact Person: Gwendolyn Merriweather

Residential

Website: http://www.dcor.state.ga.us/GDC/FacilityMap/html/S_50001209.html

- This facility was originally constructed in 2004 as a Detention Center. In 2006, it was opened as a Pre-Release Center housing medium/minimum offenders with less than five years remaining on Tentative Parole Month or Maximum Release Date. The Center was remission July 2012 as a six-month Residential Substance Abuse Treatment Facility targeting high risk; high need offenders with a history of substance abuse.
- The GA Department of Corrections, in partnership with Spectrum Health Systems provides a highly structured, therapeutic substance abuse treatment program for state probationers with chronic substance abuse/dependence issues and chronic recidivistic tendencies in order to return to society a program graduate who is a law abiding, self-supporting, pro-social citizen, and thereby reducing recidivism thusly providing a safer and more secure environment for the citizens of Georgia. Wilcox State Prison is the host facility.
- Housing:
 - Four open dormitories with double and triple bunks housing 57 inmates in each dorm. There are four Isolation / Segregation cells.
 - Open dormitory
 - Single cells
 - Medium
- Programs:
 - Academic: General Education Diploma
 - Counseling: Individual and group counseling in a therapeutic community setting
 - Recreation: General Recreation
 - Religious Activities: Various Worship Services

WINDER

Project ADAM

Tel: 770.867.8003

Address: 112 Lanthier Street, Winder, GA 30680

Contact Person: Jeanna McDonald

Residential & Outpatient

Website: <http://projectadamga.org/adult-19/>

Adult Treatment

- At Project ADAM, our goal for adults dealing with substance addiction is to help them find the treatment they need in order to overcome their dependence and become healthy, contributing members of society. If that is you, [click here](#) to fill out a form and begin your journey to recovery. We'll evaluate your form, call you back and schedule a time to talk about treatment options and what would be best for you.
- Locally, Project ADAM offers two programs for adult males (age 19 and older) who are battling addiction to drugs and alcohol. Even if you do not fall into that demographic, please contact us, and we will use our partners across the southeast to help you get the treatment you need.

Recovery Residence Program

- The Project ADAM Recovery Residence Program is a 36-bed, level III.1 treatment facility that provides a family-like atmosphere where residents, under the guidance of trained staff, work to overcome the problems related to chemical dependency for a minimum of one year. We have credentialed staff at our facility 24 hours a day, 7 days a week to aide with recovery.
- Project ADAM's Recovery Residence Program utilizes principles used in support groups like Alcoholics Anonymous in conjunction with individual and group therapy. Every opportunity to assist each individual's recovery is explored, including vocational and educational guidance. The program provides lodging, meals, utilities, transportation to scheduled events, as well as group and individual counseling, at a minimal cost. Residents are expected to maintain sobriety and obtain employment while participating in a structured program.
- Project ADAM accepts referrals to the Recovery Residence program from the Criminal Justice System for individuals who have committed non-violent offenses and present minimal risk to the community. Potential residents may also enter the program through self-referral or referrals from a family member, hospital or other assistance agency. All residents must be medically evaluated and determined to be alcohol and drug-free before entering the facility.
- Project ADAM closely evaluates the effectiveness of the Recovery Residency through accurate and current intake and record-keeping procedures on the residents. Follow-up procedures include: close supervision through probation and parole officers, monitored attendance at Aftercare sessions as well as encouragement for graduates and their families to remain in close contact with Project ADAM through phone calls, visits and attendance at family groups.
- Residents have access to vocational rehabilitation services, like literacy training, financial counseling, GED classes and Aftercare meetings. Residents are also encouraged to participate in various volunteer and philanthropic activities. [Click here](#) for information on what to bring to our in-patient treatment program.

Outpatient Treatment

- Project ADAM also provides Level I, outpatient treatment to assist individuals in overcoming problems related to chemical dependency. The therapeutic group setting assists individuals in understanding and combating the effects of substance abuse. Currently, the treatment length is 12 to 24 weeks.

MRT

- Project ADAM utilizes the MRT curriculum, a cognitive-behavioral program designed to lead to enhanced moral reasoning, better decision making and more appropriate behavior, in both resident and outpatient treatments. The MRT is typically conducted in a weekly group setting where clients complete homework prior to the group session and present it to the group while instructors evaluate the client's completion of each of the program's 12 steps using objective criteria.

Piedmont Drug Court

- Project ADAM is a treatment provider for the Piedmont Circuit Drug Court. We are a Level II.I Intensive Outpatient Service.

MISSISSIPPI

Columbus

The Pines & Cady Hill

Tel: 601.483.4821

Address: 1415 College Drive, Meridian Mississippi 39307

Contact Person: Patricia Thornton

Residential & Outpatient

Website: <http://www.ccsms.org/index.php/component/content/article?id=293>

- The Pines & Cady Hill are an Alcohol and Drug Treatment facility set in the heart of historic downtown Columbus, Mississippi. Founded in 1976, Pines and Cady Hill have established a reputation in the Southeastern United States as a premier inpatient care provider. Our innovative methods and individualized approach of treating co-occurring addiction and mental health disorders continue to lead hundreds of men and women to sobriety each year. The Clinical Team believes in a treatment approach grounded in the 12 Step Model and other nationally recognized evidenced based practices. When these practices are combined with our unique sensory, art and music therapies a treatment center with unrivaled care emerges.
- We offer Primary (30 days), Secondary (at least 60 days) and Recovery Support that can last up to 2 years.

Primary:

- An extremely intensive 30 day residential treatment for persons addicted to alcohol and drugs

Secondary:

- An extended stay of at least 60 days where the person sets their own schedule and enjoys going off property daily

Recovery Support:

- A program entered into by choice, where our Recovery Support Specialist coordinates group meetings, continuously call and tracks a person's progress
- At Pines and Cady Hill Recovery Center, we have residential recovery programs for adult males (capacity for 28) and females (capacity for 16) ages 18 and over. Daily counseling and care in our treatment center is always thorough and progressive. Residential Treatment requires 30 days at our Pines and Cady Hill Recovery Center and is extremely intensive. Step 2, Transitional Treatment allows the patient to stay with us at least 60 more days. We work with client to find local employment, housing, and really challenge each person to prepare for reentering society as a clean and sober individual. Few facilities offer Recovery Support as strong as ours and for

the length of time we offer it, up to 2 years after discharging the client. Our Clinical team believes Transitional Treatment and Recovery Support to be key factors in maintaining long-term sobriety.

- Amenities:
 - Full service cafeteria (delicious and nutritious food!)
 - Large outdoor green space for relaxing, exercise or participation in the regular volleyball games
 - Smaller interior courtyard with pull-up bars and a horse shoe game
 - An indoor recreation room with exercise equipment, space to play board games and cards or pick up a pool game
 - 2 semi-private residential halls, 28 men on the first floor, 16 women on the second floor
 - Newly renovated and comfortable living accommodations
 - Administrative and clinical staff offices located adjacent to residential halls
 - 3 comfortable living rooms
 - A music and art therapy studio

JACKSON

Harbor House

Tel: 601.371.7335

Fax: 601.371.3217

Address: 5354 I-55 South Frontage Road East Jackson, Mississippi 39272

Contact Person: Erica Donnellson

Residential

Website: <http://www.hhjackson.org/>

- Our programs and services are designed around Twelve Step addiction recovery fellowships such as Alcoholics Anonymous and Narcotics Anonymous and take place in a highly structured residential environment. The daily regimen focuses on the unique physical, emotional, mental and spiritual needs of each client to arrest the disease of addiction and restore responsible behavior.
- The goal is to rehabilitate each individual so that they are able to return to the community sober and productive. We treat each client with dignity and respect and believe that clients need to participate actively in their treatment and rehabilitation.
- Daily activities for the Primary program (about 42 days) include completing assigned chores, participating in individual and group counseling, attending lectures on addiction and recovery and Twelve Step meetings and practicing sober living and socialization skills. As clients advance from
- Primary to Secondary (30 to 60 days) and Extended (up to one year) residential treatment, the program offers budgeting/banking, cooking/shopping and time management skills. Clients in the Second and Extended phases are required to obtain employment within the first 30 days of admission to these programs.

Primary Care

- The first phase of recovery at Harbor House for individuals interested in overcoming addictive behaviors and lifestyles is the Primary Care Residential Program.

- Clients stay full-time at the main campus for six to eight weeks. The Program utilizes evidence based practices and a Twelve Step recovery model. There is a separate program for men and for women.
- The clinical staff develops a Recovery Plan for each client which is used as a guide to prioritize client goals and objectives and measure client progress. The Plan outlines a roadmap for the client to follow to become a productive member of society, improve relationships with families and friends, secure gainful employment and enhance their level of spirituality.
- The daily program includes individual counseling, small group discussions and Harbor House Services educational classes. Time is also allocated each day for clients to complete written assignments and household chores, interact with their peers on a one-on-one basis, engage in physical fitness activities and attend a Twelve Step recovery meeting. Arrangements are made with other agencies, organizations and providers if clients need services not available at Harbor House.

Secondary Care

- Clients are able to extend their treatment for another sixty (60 to 90) days by transferring to the Secondary Care Residential Treatment Program (sometimes referred to as the Transitional Program).
- The Secondary Program is based on the philosophy that individuals in recovery need practice to change old habits and maintain a healthy, productive lifestyle using the information learned in primary treatment.
- Transitioning into a clean and sober life involves becoming active in Twelve Step recovery groups such as Alcoholics and Narcotics Anonymous, finding employment and taking responsibility for making honest, informed decisions.
- Secondary clients may bring a vehicle (with current driver's license, tags, and insurance) to be parked in an enclosed lot, take the city bus or use the Harbor House van for transportation to and from work and shopping. Staff is available twenty-four hours per day at each location. The major goal of the Secondary Program is to provide a stable environment which promotes individual accountability, responsibility and productivity.
- Objectives supporting this goal include handling housekeeping chores, learning time and money management, becoming an active member of the recovery community, gaining awareness of relapse signs and symptoms, acknowledging family obligations and maintaining gainful employment compatible with treatment requirements. Other goals are more individual in nature and involve personal growth of both integrity and spirituality. Records are maintained of client participation in small groups, completion of daily written inventories and weekly assignments, consistency in following daily itineraries and weekend schedules, as well as their attendance at Twelve Step meetings, Aftercare, Big Book and Twelve Step study sessions and morning meditations.

Extended Transitional Program for Men

- Men who have completed the Secondary Program have the opportunity to apply for admission to the Extended Transitional Program (also referred to as Phase III). This program allows a client to remain in residential treatment for up to 9 months from the date they were first admitted to Harbor House.
- Phase III is not simply an extension of the Secondary Program; rather, it is to become role models for other clients and leaders in the recovery community. This program offers boundless possibilities in pursuing a new lifestyle and a fresh beginning. Phase III clients are given more freedom.

- They also help with the daily operation of the facility, such as monitoring the menu and grocery list preparation and inventorying supplies and equipment.
- They also serve as mentors for new clients, offering them guidance in adjusting to secondary treatment and introducing them to members of the recovery community.
- The Phase III program benefits the Transitional Program as a whole as much as it benefits those clients who enter it.
- The ultimate goal for the Phase III program is to allow clients to remain in treatment for a sufficient length of time to develop confidence in themselves, their Higher Power, and their support groups to make a successful transition into the broader community. Some of the objectives that are set for Phase III include saving money in preparation for independent living, clearing up legal and financial problems, making amends to family members and others and continuing Twelve Step work with sponsors.

Aftercare Program

- Harbor House offers separate male and female Aftercare Programs. The Aftercare Program is voluntary (unless court ordered) and is available to all clients that complete the Primary Care Program.
- The Aftercare counselors monitor client progress, meet with clients on an as needed basis and make referrals to other agencies and organizations for additional services and support. Harbor House Services.
- The goal of the Aftercare Program is to provide ongoing peer-focused sobriety-oriented support for clients who want it. Some of the areas that are covered during this phase of treatment include helping clients to take active roles in making continuing recovery plans. Clients are expected to attend the weekly sessions and Twelve Step recovery meetings on a regular basis, abstain from drugs and alcohol and harmful behaviors, participate in the random drug screening program and have a strong relationship with a sponsor
- Cost:
 - The cost for Treatment Program services are based on your gross income, your place of residence and insurance benefits. Harbor House does accept some private insurance. Harbor House doesn't accept Medicaid or Medicare. We are happy to provide you with written statements that you can submit to your insurance company
- Admission:
 - The First Step: Confidential Telephone Screening: Our staff will guide you through a brief confidential questionnaire and either schedule you for an onsite assessment with a member of Harbor House's Treatment Team or refer you to another treatment facility, agency or organization. If it's more convenient for you, then you may complete an online Screening Application. If you choose this option, then a member of the Admissions Department will contact you by telephone within two business days to complete the screening process.
 - The Second Step: In-Person Assessment: The assessment will be conducted by a member of our Treatment Team. It will take place at our South Jackson campus (5354 I-55 South Frontage Road East, Jackson, MS). The assessment will help us understand your drug, alcohol, medical, psychiatric, legal, social, vocational, family and treatment history. Based on this information, a decision will be made about whether an admission

to Harbor House is appropriate. If the admission is approved, then the Admissions Department will arrange an admission date with you. Every effort will be made to schedule your admission as soon as possible as soon as a bed becomes available.

- How long will it take to enter the Primary Care Residential Program?
 - Admission dates for all of the programs at Harbor House are based on the availability of beds and the time that it takes to schedule an onsite assessment and to gather supporting medical and other information. A member of the Treatment Team will discuss your admission date once the assessment process has been completed.

Mantachie

[Extra Mile Enterprises, LLC](#)

Tel: 662.397.2854

Fax: 662.841.9373 or 662.282.7557

Address: 720 Oak Grove Rd. #5, Mantachie, MS 38855

Contact Person: Dody Vail

Residential

Website: <http://www.extramilesobberliving.com/>

- The Extra Mile exists to provide an affordable, home-like environment for men ages 18 to 55 who have successfully completed primary residential treatment for substance dependence and who have the sincere desire to remain in a supportive recovering community as they practice and develop their sober lifestyle and continue to grow mentally, physically, spiritually, and socially.
- Residents will increase their personal skill level in the areas of honesty, accountability, obtaining and maintaining gainful employment, social interaction, personal and financial responsibility, self-esteem, goal setting, and achievement.

There are 3 Phases to the EXTRA MILE Program:

- Phase I: (The first 30 days)
 - Client remains on campus to acclimate to their new environment, attends 4 to 5 AA/NA recovery support group meetings a week, obtains an AA/NA sponsor and continues 12-step work, participates in group and individual therapy, searches for employment and/or applies for grants for college if interested.
- Phase II: (2nd month thru 5th month)
 - Client has obtained employment and/or entered college, continues to work with sponsor on 12-steps, participates in all Extra Mile program components, may mentor newcomers, formulates short and long term goals with counselors' assistance.
- Phase III: (6th month on...)
 - Client has maintained employment, may mentor newcomers, begins to implement own plans to meet personal goals for his future while gaining experience and confidence in maintaining a recovery lifestyle.

- Program components:
 - AA/NA recovery support group meeting attendance (*Meetings available on campus and off campus)
 - Individual counseling 1 X/week and intensive group process 1 X /week, daily morning meditation group – 9am in clubhouse.
 - Guest speakers and sober socials as scheduled.
 - Individualized health and wellness plan counseling (healing mind, body & spirit)
 - House meetings (1X/wk) for accountability, announcements, problem solving, organizing campus and community projects
 - Employment Search Assistance, Grant application for school assistance (*Computers available in club house)
 - Mandatory church attendance on Sunday mornings. (*Church of client's choice)
 - Regular, random drug and breath alcohol testing
 - Certified, professional staff and administration. (*All staff members have many years in recovery.)
- Eligible applicants are persons who have successfully completed at least 28 to 30-day (or more) residential chemical dependency treatment program. Ideally, our clients would plan to come directly from the treatment center into sober living, preferably the same day unless circumstances call for a brief time in between leaving the treatment center and entering sober living.
- Sober living centers are primarily for those who have come to realize that they may need more time to stabilize in their new recovery lifestyle while they practice what they have learned in treatment, obtain gainful employment, and in many cases, distance themselves from people, places and things that may cause problems in their recovery. Sober living centers offer structure, safety, peer support, accountability, life-skill building, and socializing with others serious about their recovery. We ask for (and expect) a commitment of a minimum of a 6 month stay. Clients are welcome to stay up to 2 years in our program.
- Admission Fee: Based on a sliding scale determined by clients' personal / financial situation. We will work with you any way we can to help you step into a clean/sober lifestyle filled with support and encouragement. Admission fee covers: Intake procedures, drug/alcohol screening, and housing in a fully furnished cabin (or) apartment, including all utilities, cable, for the first 30 days. *Residents will spend first month looking for employment (daily) with assistance from our Employment Specialist on staff. After employment is secured, all subsequent monthly residential fees will be paid from employment.

*If employment is not secured within first 30 days, client could possibly need funding support for 2nd month's fees. (Most find employment in first 30 days.)

Spending Money: residents would need funds for sharing grocery cost with cabin / apt mates, for personal items, any pre-paid cell phone needs, and transportation assistance as needed.

MERIDIAN

Weems LifeCare

Tel: 601.483.4821

Address: 1415 College Drive, Meridian Mississippi 39307
Residential & Outpatient

Website: <http://www.lifecarerecoverycenter.com/index.html>

- Substance abuse is a great concern for many communities. Weems offers treatment programs that address a variety of substance abuse problems—including those that are just beginning to cause problems in an individual's life. Our treatment programs include:

Intensive Outpatient Program (IOP):

- 10-week structured program for problems that are not so severe as to require inpatient treatment; consists of three group meetings per week after business hours, which allows participants to keep their regular work schedule in most cases. Individual counseling is also an important part of IOP.

Weems LifeCare:

- 30-day residential treatment program for the more severe substance abuse issues. LifeCare is a 36-bed residential program located behind the Weems Main Center at 1415 College Drive. Licensed by the Mississippi Department of Mental Health, LifeCare treats both men and women ages 18 and older.

Three-quarter way Program:

- Extended treatment beyond the initial 30-day inpatient program that allows individuals to work during the day. Clients can stay up to 60 days in the three-quarter way program. DUI Program: state-approved program for individuals who have lost their driver's license due to a DUI citation; upon completion of the program, individuals may be eligible for reinstatement of the driver's license one to two years earlier than otherwise.
- Admissions:
 - LifeCare accepts men and women 18 years of age or older.
 - The client must be stabilized on any psychotropic or other medications.
 - The client must have a primary diagnosis of chemical abuse or dependency.
 - The client must be able to participate in all aspects of the program.
 - The client must have all prescription medications filled before admission. The client must maintain an adequate supply of any prescription medicine during the course of treatment.
 - Admissions are generally made between 8 a.m. and 5 p.m. Monday through Friday
- Treatment Costs
 - Weems LifeCare is an affordable choice for professional treatment. Our fee includes all services; there are no "hidden charges." The rate is \$3,000 for the 30-day residential treatment program. This fee includes therapeutic services (group and individual therapy), educational classes, discharge planning and relapse prevention, HIV and TB screening and education, random drug screening, and a physical exam conducted by a

physician with a specialty in addiction medicine or a certified nurse practitioner. All meals, recreation and family education programs are included.

- Following completion of primary treatment at Weems LifeCare or another primary treatment program, eligible clients may participate in extended treatment for an additional 60 days. The fee for extended treatment is \$1,290 for 30 days. Eligible clients may receive funding through the Mississippi Office of Vocational Rehabilitation.

VANCLEAVE

Home of Grace for Men

Tel: 228.826.5283

Fax: 228.826.2329

Address: 14200 Jericho Rd., Vancleave, MS 39565

Contact Person: Dara Turner

Residential

Website: <https://www.homeofgrace.org/>
<https://www.homeofgrace.org/men/>

- In operation since 1965, the Home of Grace has helped tens of thousands of individuals who are battling addiction to drugs, alcohol, gambling, pornography, and other. Our program is founded on Christian principles, focusing on the Biblical virtues of truth, honor, integrity, respect, faith, and disciplined living. Located on two separate campuses, a men's campus and a women's campus, our state-of-the-art facilities offer comfort in seclusion to help you receive much needed recovery.

Home of Grace for Men

- The Men's Campus is situated on 30 acres of rolling hills and borders the fresh water of Bluff Creek. This serene setting is the ideal place to unplug, reflect, and find peace. Our fully functional campus can house up to 110 men and features everything necessary for a 3 month stay: dining hall, cottages, laundry, media room, security detail, volleyball, private counseling rooms, private group rooms, chapel, classrooms, and plenty of green space

TENNESSEE

CHATTANOOGA

Council for Alcoholic & Drug Abuse Services (CADS)

Tel: 877.765.7646

Address: 207 Spears Avenue, Chattanooga, TN 37405

Residential & Outpatient

Website: <http://www.cadas.org/>

- At CADAS we are dedicated to providing the highest quality treatment, prevention, and education to the chemically dependent, their families, and within the surrounding communities. We are committed to providing quality services consistent with sound clinical practices.

- CADAS is one of the few nonprofit alcohol and drug treatment facilities that provide a complete continuum of care. Separate programs are offered for adults and adolescents as well as services for every stage of the recovery process, in both an outpatient and a residential basis.
- Often, when struggling with alcohol and drug abuse, addiction is not the only issue. CADAS also works with and accepts dually diagnosed individuals, such as Depression, Bi Polar Disorder, and other mental health issues. Our specialized staff is able to care for and assist with stabilization needs in order to allow individuals the opportunity to heal and work through barriers that keep them from reaching success.
- CADAS is one of the few nonprofit alcohol and drug treatment facilities in the State of Tennessee that is accredited by Joint Commission. This means CADAS is routinely measured against national standards set by health care professionals.
- CADAS' community outreach services include: The Prevention Program for Middle and High School students, DUI Programs, Court Services, Drug Screening, Employer Services, as well as Professional Education and Training Seminars.
- Today, CADAS offers more treatment and prevention options than many of the nation's high profile, and far more expensive, chemical dependency treatment programs. CADAS' current treatment options consist of: Adult Residential Treatment, Scholze Center for Adolescent Treatment, Family Therapy Programs, Intensive Outpatient Treatment, Day Treatment, and Transitional Living services through our OASIS, Samaritan House, and Family Way programs.

Adult Residential Services

- Recovery from alcohol and drugs can be daunting and frightening. It can also restore an addict to a useful and productive life. At CADAS, all aspects of your recovery needs are filled through a variety of programs. The 28-day adult residential program is primarily focused on treating the alcohol and drug addiction but also addresses other areas of an individual's life impacted by their use; such as physical, emotional, spiritual, family, and social.
- The 56 bed adult residential treatment unit is a 24/7 program, for up to 28 days that provides detoxification and therapeutic treatment services to male and female clients age 18 and older.
- The residential program assists clients with re-establishing a healthy routine. Lectures provide information on the disease model of addiction, shame, anger, relapse prevention, co-occurring mental health and addiction issues, among other topics. The individualized program provides a balanced environment in which those suffering from alcohol or drug addiction can learn about themselves and their disease, learn new behaviors and receive tools to aid in overcoming addiction and regaining health, wholeness and hope for the future.

COLUMBIA

Place of Hope

Tel: 931.388.9406

Fax: 931.388.9418

Address: 105 N James Campbell Blvd Columbia, TN 38401

Contact person: Terry Davidson

Residential & Outpatient

Website: <http://placeofhopeinternational.com/home/services/drug-alcohol-treatment/>

- Place of Hope is an innovative, Christ-centered ministry located in Columbia, TN. This unique center is a sixty-four bed facility that provides quality care for adult men and women dealing with issues of alcoholism, addiction, and co-occurring disorders throughout the Middle Tennessee region
- Our alcohol and drug treatment program is licensed by the State of Tennessee and specializes in providing:
 - Evaluation and assessment services
 - Residential inpatient program
 - Intensive outpatient program
 - Day treatment program
 - Halfway house program
 - Family treatment services
 - Adult basic education
- Aftercare services that include:
 - Individual and group counseling
 - Spiritual support and relapse prevention groups
 - Transitional housing

NASHVILLE

Cumberland Heights

Tel: 615.352.1757

Address: Cumberland Heights, P.O. Box 90727, Nashville, TN 37209

Contact Person:

Residential & Outpatient

Website: <http://cumberlandheights.org/>

The Men's Center

At Cumberland Heights

- The Men's Center offers gender-responsive treatment for adult men ages 18 and up. An interactive and action-based style of counseling creates accountability within a community of peers so you will feel challenged and supported at the same time.

The Traditional Men's Program

- The Traditional Men's Program is based on a minimum stay of 30 days. This allows for in-depth exploration of how addiction has impacted your life and provides time to establish a foundation for lifelong recovery. Your counselor will guide you in identifying issues to be addressed in treatment and outline steps you need to take to establish that foundation.

The First Step Men's Program

- The First Step Men's Program is typically a residential stay, followed by a transition to 4-6 weeks of Intensive Outpatient. Your length of stay will be determined by the Clinical Team and based

on your overall needs. This allows you to detoxify in a safe setting and work on the crisis that brought you to treatment. You'll meet with outpatient staff prior to leaving residential treatment and receive basic recovery tools to help you succeed in an Intensive Outpatient setting.

The Men's Extended Care Community

- The Men's Extended Care Community is based on a 60 – 120 day residential stay. This program, which mirrors primary treatment in the Traditional Men's Program or other similar program, helps you identify and address core psychological issues that may sabotage ongoing recovery. It also allows you to practice a daily recovery program in a supportive setting that's less restrictive than primary care. Men come to the main campus every day for treatment activities and share transitional housing located one mile from the main campus. Active attendance and participation in the local 12-Step community creates a bridge between treatment and recovery community environments.
- **Cost:**
 - Insurance:
 - Our programs vary by length of stay and patient acuity. Patients using insurance to pay for a portion of treatment can contact our admission department at 800-646-9998. Ask to speak to a financial advisor. The advisor can assist you by gathering your information and calculating an estimate based on your insurance benefits.
 - Cumberland Heights is contracted with over 55 insurance providers. We will help you through the complex maze of insurance coverage. We will verify your benefits, obtaining authorizations for coverage based on medical necessity.
 - PRIMARY CARE (30 DAYS) SELF PAY RATES
 - In the event that you and your treatment team recommend a length of stay greater than what your insurance will authorize, Cumberland Heights offers self-pay rates that are discounted from our published rates and very competitive with other nationally respected treatment centers.
 - Level of Care: Self – Pay Rates
 - Detox: \$700 per day
 - Residential: \$700 per day
 - Intensive Outpatient (IOP): \$185 per day
 - EXTENDED CARE
 - Cumberland Heights offers an extended care program after primary treatment that can be used to extend the treatment experience from 30 to 120 days. All extended care programs are self-pay as they no longer meet insurance criteria for a residential level of care and we are not contracted with any insurance providers for this service.
 - ADULT SELF-PAY RATES
 - Adult Extended Care Self-pay Rate
 - First thirty days: \$8,250

- Second thirty days: \$6,750
- Third thirty days: \$6,000

NUNNELLY

The Ranch

Tel: 877.959.4316

Fax: 931.729.9632

Address: P.O. Box 38, Nunnelly, TN 37137

Contact Person: Matt Eggleston

Residential

Website: <http://www.recoveryranch.com/>

Men's Programs

- The River House program is an individualized treatment program designed to assist men in regaining their freedom from a variety of addictions and mental health problems. The program is designed to treat clients with specific issues such as drug and alcohol abuse as well as those with a co-occurring disorders.
- At the Ranch, men have the opportunity to address issues that block them from being healthy emotionally, physically, and spiritually. Our program is small with no more than 10 clients to better address individual needs and to facilitate greater participation of the individual.
- Clients are treated by a team of licensed therapists, psychiatric nurse practitioners, nutritionists and physicians who specialize in addiction medicine.
- Ranch treatment programs include:
 - Recovery From Addiction
 - We address both chemical and process addictions including:
 - Alcoholism
 - Chemical dependency
 - Eating Disorders
 - Sex and Love Addiction
 - Gambling
 - Thrill Seeking
 - Spending
- Addiction Treatment
 - Individual and group therapy
 - Alcoholics Anonymous and Narcotics Anonymous meetings
 - 12-step walk and staff-assisted 12-step work
 - Adventure therapy activities focused on cost of addictions, powerlessness, connection to a higher power and personal inventory
 - Relapse analysis

- Recovery From Trauma, Abuse, and Deprivation
 - As children, many of us were denied our basic needs of love and support and some of us were also robbed of our childhood as a result of physical, sexual, emotional, mental, or spiritual abuse.
 - As adults we may also experience traumatic events that can alter our lives forever. These events leave scars on our minds and souls and haunt us until we can heal the inner wounds. We provide men with a safe, secure environment to begin the healing process.
- PTSD and Trauma Issues
 - EMDR, art therapy, Gestalt and sensory therapy
 - Psychodrama and experiential therapy
 - Equine Therapy
- Mood and Anxiety Disorders
 - Psychiatric evaluation and medicine management
 - Psychotropic medications
 - Coping skills to manage debilitating symptoms
 - Education on causes, effects and relationship to eating disorders
- Spiritual Development
 - Development of awareness and connection to a Higher Power
 - Shamanic questions
 - Labyrinth
 - Medicine Wheel
 - Native American Ceremonies
 - Sweat Lodge
- Cost:
 - The cost of treatment at The Ranch is based on each client's individualized needs and treatment plan. Please call our Admissions Department for current rates

Location	Facility	Phone	Contact	Duration	Type of Treatment	Number of Beds	Dual-Diagnoses	Coed
ALABAMA								
Alexander City, AL	The Lighthouse of Tallapoosa Co., Inc.	256.234.4894	Mike Mitchel	90days-6months	Residential	15	Yes	No
Anniston, AL	Anniston Fellowship House	256.236.7229	Hank Waide	2-6 Months	Residential	18	Yes	No
Attalla, AL	Rapha Ministries	256.538.7458	Debbie Garner	6mo-1yr	Residential	52	Yes	No
Birmingham, AL	Aletheia House	205.324.6502	Keisha Kennedy	90days	Outpatient & Residential	18: Substance abuse 85:First Step	No	No
Birmingham, AL	Bradford Health Services	205.942.3200	Hannah Warren	N/A	Outpatient	N/A	Yes	Yes
Birmingham, AL	Fellowship House	205.933.2430	Cedric Ellison	6 months-1 yr.	Residential	unsure	Yes	Yes
Birmingham, AL	Pearson Hall	205.923.6552	Debra Jackson	30 days	Residential Detox only	48	Yes	Yes
Cullman, AL	Lighthouse	256.739.2777	Larry Cox	90 days	Residential	12	Yes	No
Dothan, AL	The Haven Recovery Center	334.794.0907	Tonya Herbold	21 days	Residential	32	Yes	Yes
Dothan, AL	Herring House	334.699.3175	Larry Kirkland;	3mo-18mo	Residential		No	No
Gadsden, AL	C.E.D. Fellowship House	256.413.3470	Sam J. Long IV	90days-6mo	Residential	20	Yes	No
Guntersville, AL	Cedar Lodge Substance Abuse Services	256.582.4465	Myron Gargis	14-21 days	Residential	31	Yes	Yes
Huntsville, AL	The Pathfinder, Inc.	256.534.7644	Lucretia Hughley	90 days	Residential	24 male; 12females	No	Yes

Madison, AL	Bradford Health Services	256.461.7272	Natalie Taylor	28days	Residential	64 adult	Yes	Yes
Mobile, AL	Dauphin Way Lodge	251.459.6135	Amy McBride	3-6 months	Outpatient & Residential	48	Yes	No
Montgomery, AL	Bradford Health Services	334.244.0702	Scott Clark	N/A	Outpatient	N/A	Yes	Yes
Montgomery, AL	Chemical Addiction Program (CAP)	334.269.2150	Lisa or Penny	28weeks ; 21days	Outpatient & Residential	24	Yes	Yes
Montgomery, AL	The Lighthouse Counseling Center	334.286.5980	Dr. Patricia Thomas	1year	Outpatient	N/A	Yes	Yes
Montgomery, AL	Montgomery VA	334.272.4670; ext. 6857	Ianthia Crawford	Based on client needs	Residential and Outpatient		Yes	Yes
Montgomery, AL	Renasceance Inc.	334.832.1402	Al Smith	1 year	Residential	12	Yes	No
Opelika, AL	His Place	334.749.2130	James Lynch	12 months	Residential	30	No	No
Russellville, AL	Riverbend Center	256.332.0078	Ciji Mosley	14-21 days	Outpatient & Residential	12	Yes	
Spanish Fort, AL	The Shoulder	251.626.2199	Kerri Pinnegar	4 months	Outpatient (men & women) and Residential (Men only)	20	Yes	No
Sylacauga, AL	Cheaha Regional Mental Health Center	256.294.2395	David Stevens	14-21days	Outpatient & Residential	12 male; 12 female	Yes	Yes
Tuskegee, AL	Tuskegee VA	334.727.0550		Based on client needs	Outpatient & Residential		Yes	Yes
Warrior, AL	Bradford	205.647.	Peggy	28days	Outpat	88	Yes	Yes

	Health Services	1945	Davidson		Residential			
FLORIDA								
Panama City, FL	CARE (Chemical Addiction Recovery Efforts)	(850) 872-7676	Delores	7-14 days	Detox only	13	Determined on a case by case basis	Yes
Pensacola, FL	House of Liberty	850.438.5230	Buddy Anderson	6mo-1yr	Residential housing; no treatment	30	Yes, case by case	No
Pensacola, FL	Lakeview Center	850.469.3579	Dustin Perry	60 days	Outpatient & Residential	60	Yes	Yes
GEORGIA								
Albany, GA	The Anchorage	229.435.5692	Dudly Thomas	16weeks-6 months	Residential	50	No	No
Alapaha, GA	Penfield Christian Homes	229.543.0003	Walter Muller	6weeks	Residential Treatment	28	Yes	No
Americus, GA	Middle Flint Behavioral HealthCare	229.931.2470	Brenda Roberts	6weeks	Outpatient	N/A	Yes	Yes
Baxley, GA	Appling Integrated Treatment Facility	912.367.1761	Kendra Youmans	9 months	Residential	228	Yes	No
Lafayette, GA	Penfield Christian Homes	706.749.1314	Allen Stone	6month-1year	Residential Recovery	25	Yes	No
Sycamore, GA	Turner Integrated Treatment Facility	229.567.4301	Gwendolyn Merriweather	6 months	Residential	232	Yes	No
Winder, GA	Project ADAM	770.867.8003	Jeanna McDonald	1yr	Outpatient & Residential	36	Yes, depending on diagnosis	No

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MISSISSIPPI								
Columbus, Ms	The Pines & Cady Hill	601.483.4821	Patricia Thornton	30days, 60days, 24months	Outpatient & Residential	28 males, 16 females	Yes	Yes
Jackson, MS	Harbor House	601.371.7335	Erica Donnellson	6-8weeks or up to 9 months	Residential	107	Yes	No
Mantachie, MS	Extra Mile Enterprises, LLC	662.397.2854	Dody Vail	6mo-2yrs	Residential	24	Yes, Mild Axis I	No
Meridian, MS	Weems LifeCare	601.483.4821	Amy Bishop	10weeks, 30days, 60days	Outpatient & Residential	36	Yes	Yes
Vance, MS	Home of Grace for Men	228.826.5283	Dara Turner	3 months	Residential	110	Yes, but can't be on medication	No
TENNESSEE								
Chattanooga, TN	Council for Alcoholic & Drug Abuse Services (CADS)	877.765.7646		28days	Outpatient & Residential	56	Yes	Yes
Columbia, TN	Place of Hope	931.388.9406	Terry Davidson	6-8 weeks	Outpatient & Residential	10	Yes	Yes
Nashville, TN	Cumberland Heights	615.356.2700	Cassie Lehmon	7-14days (detox); 30days (traditional adult program)	Residential & Outpatient	118 total	Yes	No

Nunnely, TN	The Ranch	877.959.4316	Matt Eggleston	28days (dual diagnosis); 35 days Center for sexual relationships	Residential	10	Yes	No