

Treatment Facilities that accept women:

ALABAMA

BIRMINGHAM

ALCOHOL AND DRUG ABUSE TREATMENT CENTERS (ADATC)

- Runs 2 residential facilities and 1 intensive outpatient facility
 - Pearson Hall, Olivia's House, and Zukoski Center
- ADATC is certified by the Alabama Department of Mental Health.

- Pearson Hall
 - 2701 Jefferson Avenue Southwest, Birmingham, AL
 - (205) 923-6552; **Contact Person: Felicia Green**
 - Pearson Hall is a short-term crisis stabilization treatment and indigent detoxification program, serving male and female patients.
 - Operated by the Alcoholism Recovery Services, Inc. (ARS). Providing quality chemical-dependency treatment services for over a decade. ARS is certified by the Alabama Department of Mental Health.
 - Detoxification will be provided at Pearson Hall. Arrangements for assistance with child care will be made during periods of detoxification.
 - Client Assessments, Medically supervised detoxification, Group counseling, Individual counseling, Family counseling, Educational lectures, Nutritional counseling, Individualized treatment planning, Self-help group meetings, Psychiatric services, After care Services
 - When clients leave Pearson Hall, they'll continue a program of recovery through after care. This series of weekly meetings offers continuing support and help, as the recovering person learns to handle life without chemicals. Attendance at AA and/or NA meetings will also continue as a part of the after-care recovery plan

- Zukoski Center
 - 601 Princeton Avenue Southwest, Birmingham, AL
 - (205) 785-5787
 - Provides intensive outpatient services
 - Operated by Alcohol and Drug Abuse Treatment Centers, Inc. (ADATC). Providing quality treatment services for over twenty-five years. All programs are certified and monitored by the Alabama Department of Mental Health and Mental Retardation.
 - The office of our HIV Outreach Program is located in the Zukoski Center

- Fees are based on a sliding fee scale depending on the client income and expenses. No one is denied services due to inability to pay. Medicaid is accepted.
 - A forty-two dollar (\$42.00) lab fee is charged to cover lab work associated with physical examination.
 - Other admission information: <http://adatc.org/zukoski-center-admission/>
- *Olivia's House:*
 - 8017 2nd Avenue South, Birmingham, AL 35206
 - Tel: (205) 836-5603; **Contact Person: Wilmont Johnson**
 - Fax: (205) 838-8452
 - Olivia's House was the first residency program for women and children in the state of Alabama.
 - The maximum length of the residential phase of treatment at Olivia's House is twelve months; however, a client may apply for an extension based on additional need for treatment, lack of a living environment that is conducive to recovery efforts, etc. The actual length of a woman's stay will be dependent upon the severity of her illness, her response to treatment, and the availability of independent living resources.
 - Olivia's House provides holistic care for chemically dependent women and their children.
 - Women must meet the DSM-IV-R criteria for chemical dependency.
 - Women must have custody of at least one child between the ages of 0-10. Up to three children may live with their mother at Olivia's House.
 - We also accept clients from prison or who have legal issues.
 - Women seeking admission must have had a recent state psycho-social assessment or be assessed at Olivia's House.
 - Upon completion of assessment requirements, potential clients are contacted by the admission coordinator and informed as to the date of space availability.
 - Mothers and their children may live at Olivia's House for up to 12 months.
 - Along with extensive case management services clients participate in group and individual therapy addressing issues of substance abuse, domestic violence, relationship, and parenting. On-site child care transportation and employment assistance is provided.
 - Children needing specialized care will be referred to the appropriate community resource. Coordination of children's services will be a function of case management, the child development staff, and the nursing staff. Separate records documenting service delivery will be kept on all children. **These services, including medical care, will be available for all of the women's children who are in residence with her.** In addition, referrals will be made as needed for non-residential children of clients up to are seventeen (17).
 - Admission criteria: <http://adatc.org/olivias-house-admission-requirements/>

Website: <http://www.adatc.org/>

ALETHEIA HOUSE

Tel: (205) 324-6502

Women's and Wellness Services:
700 37th Street South (205) 279-3999
Birmingham, AL

Contact Person: Keisha Kennedy

- Mother's Hope
 - Mother's Hope is a substance treatment program that specializes in the treatment of pregnant women, newly post-partum mothers, and women with dependent children aimed at helping these women recover from their use of drugs or alcohol. The program is open to ALL Medicaid-eligible women and accepts referrals from across the state of Alabama.
 - Room and Board (Woman plus one child under 6 years old)
 - Transportation
 - Individual, group, and family counseling
 - Childcare
 - Life skills coaching
 - Employment assistance
 - Housing assistance
 - Outpatient treatment for women who do not require residential treatment
- Women's Hope
 - Women's Hope provides women with a comprehensive substance abuse outpatient program designed to address the specific needs of women and their children. Services are FREE for Medicaid-eligible women. Services include:
 - Childcare
 - Transportation to class (as needed)
 - Employment assistance
 - Partner therapy
 - Life skills coaching
- Also offers transitional housing to those in need
 - Aletheia House's Affordable Housing Program provides high-quality, drug-free short-term and long-term housing for individuals and families, including those who have been homeless, have poor credit histories and/or have been in prison. Services include:
 - 30 SINGLE-FAMILY HOUSES FOR PREGNANT WOMEN OR WOMEN WITH DEPENDENT CHILDREN (HUD FUNDED). PAYMENT IS 30% OF INCOME
 - 18 BEDS FOR CHRONIC SUBSTANCE ABUSING MEN (HUD FUNDED). PAYMENT IS 30% OF INCOME
 - 30 BEDS FOR HOMELESS VETERANS

- 85 FIRST STEP HOUSING BEDS FOR MEN PAID BY CLIENT FEES
- 15 FIRST STEP HOUSING BEDS FOR WOMEN PAID BY CLIENT FEES
- ALETHEIA HOUSE DOES BUSINESS IN ACCORDANCE WITH THE FEDERAL FAIR HOUSING LAW (THE FAIR HOUSING AMENDMENTS ACT OF 1988).
- IT IS ILLEGAL TO DISCRIMINATE AGAINST ANY PERSON BECAUSE OF RACE, COLOR, RELIGION, SEX, HANDICAP, FAMILIAL STATUS, OR NATIONAL ORIGIN

Website: <http://www.specialkindofcaring.org/treatment>

FELLOWSHIP HOUSE RECOVERY SERVICES

1625 12th Avenue South, Birmingham, AL 35205

Tel: (205) 933-2430

Contact Person: Cedric Ellison

cedric.ellison@fshbhm.org

Fax: (205) 933-2475

Inpatient and Outpatient Services

- Medium Intensity Residential Program
 - The Medium Intensity Residential program provides a structured and supportive environment **for men and women** who are unable to achieve and maintain recovery in an outpatient or home setting. **All treatment plans are individualized** in a cooperative effort between clients and their Clinical Team Leaders, based on the strengths, goals and needs of each person, with the overall goal of functioning in recovery outside of the treatment center. Necessarily, the **treatment team includes classes, case management, group and individual counseling, peer support, medication management, housing planning, vocational counseling, and continuing care coordination. Length of stay is not predetermined**, but is continuously evaluated throughout treatment and based on individual needs and treatment resources. However, stay can last as long as 12-18 months.
- Low Intensity Transitional Apartment Program
 - The transitional program assists with further developing the self-discipline and independent living skills necessary for living outside of institutions. These **needs are addressed through case management, group counseling, and engagement in the community**. In the low intensity transitional program, **clients share financial responsibilities with their roommates**. Clients remain involved by serving as mentors for newer residents and participating in group activities, such as an Open House for family and friends, and potluck gatherings. **A primary goal of this program is to provide stable living environment, sober living experience, and recovery support until each individual is prepared to move to a more independent setting.**
 - Application Link: http://fshbhm.org/wp-content/uploads/2013/01/FSH_application.pdf
- Co-Occurring Disorders Program

- Fellowship House's emphasis on co-occurring disorders (COD) evolved in the mid 1990's, in response to the demand for residential **treatment for addicted AND mentally ill individuals**. These are clients diagnosed with alcohol or drug dependence, and also with a serious mental illness such as bipolar disorder, major depressive disorder, or schizophrenia. The biggest barrier to treatment for this population is mainly that their addiction interfered with mental health treatment and their mental illness interfered with addiction treatment. At Fellowship House, **COD clients can work with their treatment team on effective medication management, developing a personal recovery support system, and participate in dual recovery self-help meetings**, such as Double Trouble.

Website: <http://fshbhm.org/>

THE LOVELADY CENTER (TLC)

7916 2nd Avenue South,
Birmingham, AL 35206-3804
Main: (205) 833-7410 (Intake: ext. 114)
Contact: Peyton in Intake Department
Fax: (205) 833-9997

- Faith-based, non-denominational residential facility for women that provides shelter and rehabilitation. We are located in Birmingham, Alabama.
- \$500 intake fee (can be negotiated and has been postponed, pending client employment)
- Admission Requirements:
 - Over 23 years of age, Under 65
 - No violent tendencies
 - After 30 days, women are required to have a job and pay \$150/week rent (Must work at least 20 hours a week)
 - Not handicapped/disabled to the point where she cannot work or participate in group
 - She is already detoxed if needed
 - Will accept women with mental illnesses, as long as they are higher-functioning, able to work, and not violent
- TLC is a 9-to-12 month program designed to restore hope and rebuild lives. Women and their children enter our program for various reasons, all needing help in their lives. By introducing women and children to Christ, and by offering a multitude of needed services, The Lovelady Center helps women attain a brighter future.
- Provides housing and services to approximately 350 women and children daily, including three meals per day, seven days a week. Basic care we supply includes:
 - Clothing, housing and basic hygiene products
 - Transportation moving women and children to and from work, school, etc...
 - Medical care at an on-site Medical Clinic

- State-Certified Substance Abuse counseling and drug rehabilitation
- State-Certified Childcare at KidZone
- School placement for young adults
- Through partnerships with Jefferson State Community College and Tennessee Temple University, women are offered the chance to gain higher education and job skills. Through our Workforce Development Program, women are trained and aided in finding sustainable jobs to ensure a bright future.

Website: <http://theloveladycenter.wix.com>

UNIVERSITY OF ALABAMA AT BIRMINGHAM (UAB SUBSTANCE ABUSE PROGRAMS)

401 Beacon Pkwy West, Suite 270, Birmingham, AL 35209

Tel: (205) 917-3784

Intake: (205) 917-3733

- University of Alabama at Birmingham (UAB Substance Abuse Programs) in Birmingham, Alabama is an alcohol treatment program focusing on substance abuse treatment services. Providing substance abuse treatment and methadone maintenance with outpatient care and partial hospitalization or day treatment. Adolescents or teens, dual diagnosis or persons with co-occurring disorders, pregnant or postpartum women, women, and men are supported for drug rehab. Medicaid, Medicare, state financed payment, and self-payment is accepted with sliding fee scales.

Website: <http://www.drug-rehab-headquarters.com/alabama/facility/80/>

COLUMBIANA

MAGNOLIA CREEK TREATMENT CENTER FOR WOMEN

Address: 645 Crenshaw Road, Columbiana, AL 35051

Tel: (205) 678 4373

Contact Person: Shaunda Gaither, Intake Director

Fax: (205) 678 4632

Email: mcinfo@magnolia-creek.com

Inpatient – Must also have eating disorder to be treated

- Peacefully situated beside a private lake and nestled among 36 wooded acres, Magnolia Creek is the ideal setting for women to receive treatment for life's most difficult struggles, including

depression, anxiety, trauma, abuse, neglect, eating disorders, divorce and/or grief. Our comprehensive treatment programs address the psychological, medical, nutritional, spiritual, and relational needs of our clients.

- An experienced team of therapists, doctors, nurses, and dieticians provide intensive and evidence-based services in this safe, nurturing environment.
- Awarded Facility: Magnolia Creek holds a three-year Accreditation by The Joint Commission
- Certified by the State of Alabama Department of Mental Health
- Focus primarily on eating disorders, but also can serve women with substance abuse issues
- Magnolia Creek offers the highest quality care at one of the most affordable rates in the country. Our Intake Coordinators are available to answer financial questions, check insurance benefits, and coordinate all insurance pre-authorizations and case reviews. Magnolia Creek accepts most major medical/behavioral health insurances; treatment rates vary based on level of care. Magnolia Creek offers reduced daily rates to clients without insurance coverage. Our Intake Coordinators can be reached at 888-762-4665.

Website: <http://magnolia-creek.com/>

DOTHAN

THE HAVEN (SPECTRACARE)

831 John D Odom Road, Dothan, AL
(334) 794) 0907

SUBSTANCE ABUSE COORDINATION OF SERVICES:

Houston, Barbour, Dale, Geneva, Henry Counties: (334) 673-2143

Inpatient

- The Haven is a substance abuse crisis residential (short term) treatment center located in Dothan, Alabama. The philosophy of the Haven is that chemical dependency is a psychosocial, bio-genetic disease that when properly treated can enable an individual to live a chemically free lifestyle, indefinitely, without relapse provided he/she maintains a long term recovery program.
- Upon admission to the Haven, the client will be assigned a primary therapist who is responsible for devising and implementing a well-defined, realistic individualized treatment plan for resolving clinical issues blocking the client's efforts of achieving long term sobriety.
- The program offers services to clients in a setting that provides extensive and intensive therapy and educational services, as well as food and shelter.
- The core functions of the Haven include a full time residential environment, all meals; group, individual and family therapy; supportive counseling; substance abuse education; case coordination; continuing care planning, and emergency medical response. Treatment plans are individualized, but include individual counseling, group therapy, family therapy, lectures and

discussion, family strengthening groups, recreation therapy, AA/NA meetings and a weekly continuing care program.

- The Haven can accommodate up to 26 male and 10 female residents.
- Length of stay averages 14 to 28 days.
- SpectraCare is committed to providing services that will promote positive consumer, family and provider relationships, and to establishing priorities for services with primary emphasis on the Seriously Mentally Ill, Substance Abuse, and Intellectual Disabilities population. Services are also provided to individuals with co-occurring mental health and substance abuse disorders.

Website: <http://spcare.com/the-haven-recovery-center/>

EIGHT MILE

HOME OF GRACE FOR WOMEN

394 Aldock Road, Eight Mile, AL 36613

Tel: (251) 456-7807

Contact Person: Mary Tillman

Inpatient; 3-month length of stay

- Experienced Addiction Counselors
- Spiritual based program combining the principles of AA and the teachings of Jesus Christ
- Counseling-Group & individual including 12-step groups, education groups on substance abuse, coping skills group, Christian assertiveness group, grief and anger management, sexual abuse groups, parenting skills group, aerobic and fitness groups, GED program, job training, one on one counseling, and family counseling
- Aftercare/Continuing Care

Program Purpose:

1. To provide females a residential setting with an environment conducive to overcoming addiction problems, with strong emphasis on moral responsibility.
2. Provide counseling to help the addicted female determine the underlying problem, which in many cases, is responsible for the person turning to drugs.
3. Provide education on addiction, and the dangers thereof.
4. Get clients accustomed to a regular schedule.
5. Teach clients coping skills to help them maintain their sobriety.

6. Help them regain their self-esteem.

7. Help with re-entry into society by recommending that they maintain a scheduled life-style that includes attending Alcoholics Anonymous and Narcotics Anonymous meetings, and that they find a sponsor. Also, that they return to After Care provided by the Home of Grace each Monday afternoon at 5:30 P.M.

8. Our goal is to help the addicted female realize that she has a problem, but that she can control it by using the proper tools. Also, to help them realize that they can lead a full, happy and productive life.

Hannah House

- Hannah House is a drug/alcohol recovery **program for addicted expectant females** to become drug free before their baby is born. This center will provide a Christian recovery program dedicated to helping expectant women suffering from addiction to alcohol and drugs, and to educate these expectant women about alcoholism/drug addiction, and the causes and effects of their chemical dependencies on their unborn babies. Through this program we have had the honor of helping over 300 babies enter this life Healthy and not addicted to drugs or alcohol.

Website: <http://www.homeofgraceforwomen.com/index.html>

GADSDEN

C.E.D. FELLOWSHIP HOUSE

4209 Brooke Avenue

Gadsden, AL 35904

Tel: (256) 413-3470

Fax: (256) 413-3472

Email: cedfsh@bellsouth.net

- CED Fellowship House was established in 1968 to promote the educational, cultural, social skills of persons, primarily adult males, with physical, emotional, or mental disorders induced by excessive alcohol use, which does not render the person non-compos mentis and are not contagious, and who the Board of Directors feel the corporation can accommodate, to take their

place in society, by providing them a home or other shelter, food, clothing, acceptance, understanding, and assisting them in a program of rehabilitation.

- In order to be considered for placement at our facility we must receive the following:
 - An Adult Psychosocial Assessment (using DSM-IV TR diagnosis codes), on a state approved ASAM form, conducted by someone with a Master's Degree or higher in a Clinical Counseling field recommending this level of care. (Level III.1 Clinically Managed Low Intensity Residential Treatment Program).

- Admission:
 - Must be 18 years old or above.
 - Must be willing and able to work a full-time job. (If able.)
 - Must be willing and able to participate in 12-Step groups and all program clinical activities.
 - Must submit to a drug/alcohol screen prior to admission and test negative on this screen. And submit to drug/alcohol screens on a regular basis throughout your FSH house stay.
 - Unable to accept sex offenders.

- Financial Obligation: \$100.00 Admission Fee (you will not be turned down for admission if you do not have this fee up front).

Once you become gainfully employed we will deduct 30% of your weekly net income (not to exceed \$75.00 per week) for room and board.

We also charge a transportation fee of \$2.00 per trip for rides to and from work (not to exceed \$20.00 per week).

Website: <http://cedfellowshiphouse.org/index.htm>

JACKSONVILLE

W.A.D.E. Freedom House Inc.

932 Maple Lane

Jacksonville, AL 36265

(256) 435-5010

Contact name: Debbie Musselman

- W.A.D.E. freedom house is a residential recovery program for women who are seeking help in overcoming their addiction to alcohol or drugs. Its mission is to provide counseling and guidance to women addicted to drugs or alcohol, to identify and address the circumstances which lead to their addiction and to help them restore their self-respect and sense of self-worth.

- **Capacity** - Wade currently (2011) supports 23 women but has a capability of serving 37 women.
- **Sources of referrals** - Court systems of surrounding counties. Courts refer individuals who have, no family support, and literally have no place to go once they are released from jail or prison.
- **Legal status** - W.A.D.E freedom house is a nonprofit corporation organized under Chapter 3A of Title 10 of the Code of Alabama 1975. Its purpose is to provide education, resources and information for education, job placement and career counseling, and counseling for sober living, home.
- **Concept of Treatment Program** - A holistic approach - our women do not need to be incarcerated or simply a number in a large institution where they can fall through the cracks. The complexity of the disease requires treatment focusing on all aspects of the individual's life. Our treatment plan is spiritually based on the 12 steps, they are required to complete all 12 steps prior to leaving. Along with self-esteem, codependence and relapse prevention. It provides the critical assistance needed to address their substance abuse while transitioning to a stable living and highly monitored work environment in the serene atmosphere of the Jacksonville facility.
- **How long is your program?**
We are a minimum six month facility. We will comply with any and all court orders. We have had residents court ordered here up to 24 months. We will also follow any stipulations set by the court such as passes and phone calls.
- **How long can I stay there?**
We are a minimum six month program, however residents are given the opportunity to stay on here for as long as they like as long as they are following the rules and working a program. Residents can stay longer for \$50 a week.
- **How much does it cost and what does that cover?**
The program dues and fees are \$125.00 a week. This does not cover your food, drug tests or transportation. We have a donate closet with food in it. Drug test are \$20.00 each. Transportation is \$6.00 round trip for local drives. We do have an admission fee of \$250.00 to enter the program.
- **What can I bring?**
10 outfits tops and bottoms. (Follow proper dress code guidelines). You can also bring: All health and beauty aids, no alcohol based mouth wash, blow dryer, curling iron, makeup, perfume, etc. Toilet paper is not provided. Tampons are not allowed; pads only. 4 pairs of shoes. 2 coats any recovery related material. No novels. If you have a plastic container (3 drawer or one that slides under a twin bed would be helpful in storing your things.) You can bring a personal cd player with headphones.
You may also want to bring quarters for vending machine. A calling card for payphones. Any food you want to bring, remember limited storage.
We provide bedding but you will need towels and washcloths. You will also need liquid laundry soap.

- **Do you provide food?**
No, but there is a donate closet of food until you are employed or get foodstamps.
- **Is the program religion based?** We are spiritually based on the 12 Steps of AA and NA. We also are very involved with the church and their 12 step recovery program, Celebrate Recovery. We also attend a baptist church. The women do 2 different sets of steps. One A.A. based one based on the beattitudes thru the church.
- **Do you take people on disability?** Yes, but keep in mind we are a work program. Which means, if you are not employed you still are required to perform 25 hours of community service per week. Also applicants that are disabled are required to pay the same amount as others. Please get any and all meds approved prior to entry.
- **If I am in jail how will I get there?** Well, if you are court ordered, we will pick you up. We need at least a two day notice.
- **Do you have to be court ordered to enter your program?** No, about 30% of our annual residents are not court ordered.
- **If I am not court ordered and need help, will you provide transportation?** Yes, we will either purchase a bus ticket or pick you up from the bus station or we will drive to get you.
- **What if I have nothing?** All you NEED is a desire to change your life. We are set up to provide for your immediate needs: food, clothing, shelter, personal hygiene.

Website: <http://wadefreedomhouse.com/>

OPELIKA

HOSANNA HOME

Tel: (334) 742-0777

PO Box 2888, Opelika AL 36803

Women Only

Inpatient

- Through our daily task, Bible studies, group sessions and counseling, it is our desire to present these ladies with the love of Jesus Christ in order to show them that He has a plan for their lives, while equipping them with the confidence and self-esteem they need to continue on life's

journey. It is a one-year live-in program. We are also one of the few programs in America that will receive pregnant ladies and ladies with small children.

- The program is an adult women's program designed especially for women 18 years of age and older who have some kind of life controlling problem. The program consists of one year of intensive Bible training, other teaching on family responsibility, understanding authority and discipline and work ethic/skill development. This is all based on Biblical principles.
- We have added a work out gym, a computer class, group therapy sessions, new reading materials

Website: <http://www.harvestevangelism.org/hosannahome.html>

ROBERTSDALE

SAVING GRACE HOME FOR WOMEN

23790 US Hwy 90, Robertsdale, AL 36567

Tel: (251) 946-3355; **Contact: Nancy Robertson, Manager**

Inpatient

Eager to work with us

- 12 Step Program
- Saving Grace Home for Women is a non-profit organization that has been faithfully serving women since 2007.
- Located on 127 acres.
- Has been revamped (new management, etc.) and is opening its doors on Monday, June 16, 2014.
- Saving Grace Home for Women is a non-profit, **ten-bed 90-day Residential Recovery Program** for adult women suffering from alcohol and drug dependency, located in the center of Baldwin County, the largest county in Alabama. It is staffed by a program director who is a licensed counselor with seven years of experience in treating substance abuse, assisted by two other licensed counselors on a contract basis, five program assistants, and approximately 10 volunteers per week.
- Also provides a 30-day **intensive** inpatient program. Women do not leave home unless transported by staff somewhere (i.e. A.A./N.A. meeting)
- **What is the cost?**
 - Sponsorship contributions given by individuals, churches and other organizations allow these fees and facilitate payment options.
 - The cost of the 90-day program is \$9,000.00, but will only charge \$4,500 if woman completes entire program, upon receiving a \$4,500 scholarship.
 - \$95/week is due each Friday. Remaining balance after 90 days is \$3,360, given that woman completes program. She has a year to pay this.

- The cost of the 30-day program is \$3,000. Women who pay fee in its entirety within the 30 days will receive a 5% discount.
- There is a mandatory \$75 assessment fee and a \$200 admission fee for both 90-day and 30-day programs. Assessments must be done face to face (no phone assessments). The counselors are willing to travel to the jail to conduct an assessment.
- **Medical test required prior to admission**
 - TB test results (NOT MORE THAN SIX (6) MONTHS OLD)
 - Pregnancy test results. Pregnant clients must be no more than fifteen (15) weeks pregnant at time of intake.
- **Medical criteria**
 - Client is responsible to reach a safe level of detox prior to admission.
 - We are NOT a medical facility and CANNOT provide medically supervised detoxification.
 - Volunteer medical personnel will assist clients with minor ailments during program.
 - Client is responsible for cost of any off-campus emergency medical or dental care and prescriptions that may be needed during time in program.
 - Client must disclose any physical, emotional, mental or health condition that might restrict or limit her participation in the program.
- **Dual Diagnosis**
 - Able to accept individuals with mental health issues, but not equipped to handle SEVERE mental health issues – will be determined at time of assessment.

Website: <http://savinggracehome.org/>

ROGERSVILLE

FREEDOM HOUSE

Telephone: 256-247-1222; **Contact person: Lecia Tucker**

Fax: 256-247-1226

E-mail: info@sanca.org

Mail: P.O.Box 1020

Rogersville, AL 35652

Inpatient for women with and without children

Average length of program 6-12 months

- Freedom House Rogersville offers Intensive Inpatient for adult women fighting addiction. This program serves clients throughout the Shoals area. We also take referrals from the Department of Human Resources, Probation and Community Corrections, as well as individuals, friends, and their families. Utilizing a Recovery Oriented System of Care, our clients' shattered lives can be restored to healthy, productive lives through personal growth and daily maintenance. Our commitment is to help the chemically dependent woman find the road to responsible freedom from substances.
- Services offered include individual and group counseling, peer support, case management, assessment and referral, linkage to community agencies, and basic living skills.
- Residents are allowed to bring their children

- **SERVICES OFFERED:**
 - Group Counseling
 - Basic Living Skills
 - Peer Support
 - Relapse Prevention
 - Classes on Addiction & Recovery
 - Family Education/Counseling
 - 12 Step Meetings
 - Exercise/Recreation
 - Medication Monitoring
 - Referral to Community Services
 - Linkage with Vocational Rehabilitation
 - Job Placement
 - Referral to Educational Opportunities
 - Transportation
 - Childcare & Child Services
 - HIV/AIDS, TB, Hepatitis Education
 - Parenting Classes
 - Budgeting/Vocational Training
 - Special Issues for Women to include relationships, trauma, etc.

- Three types of programs: Freedom House offers a variety of services to adult women and their families. Length of involvement in our program is based on each individual's specific needs. Freedom House is certified by the Alabama Department of Mental Health Substance Abuse and will accept women without regard to color, creed, race, or financial status.

- **Residential Rehabilitation**
 - Our facility has 13 beds available to women struggling with chemical dependency. We are a long term residential rehab (III.3) that offers holistic care in the treatment of

addiction. Services include relapse prevention, basic living skills training, and linkage to community, medical, and occupational resources.

- **Intensive Outpatient**
 - Freedom House offers Intensive Outpatient Programs in both Rogersville, for adult women with children, and Russellville, for adult men and women. The length of involvement in these programs is dependent on client progress, but averages 18-24 weeks. Childcare and transportation are available in Rogersville only.
- **Special Women's Program**
 - Our facility has 3 beds available for women and up to 2 of their children in a lovely, homelike environment. Services include substance abuse treatment, parenting guidance, childcare, basic living skills training, and linkage to community resources.

Website: www.sacna.org

TALLASSEE

HOUSE OF LOVE AND MERCY

Tallassee, AL

(334) 283-8116

Contact Person: Pastor Adolphus Gauntt

Inpatient, Women Only

- This is a 28 day program. You will be required to attend NA and AA classes. You will be provided other classes that will help you as you go through program. The cost to enter into the program is \$200.00 per month. Payment is received by cash or money-order only. Money order must be made out to House of Love and Mercy.
- Although this is a 28 day program you can stay longer. We also take court order referrals as well. All ladies must be at least 18 years of age to enter into program.
- 8-bed facility

Website: <http://houseofloveandmercy.webs.com/>

FLORIDA (Northern)

Panama City

AWARE

3407 North East Avenue
Panama City, Florida 32404

Phone: (850) 769-6156

Fax: (850) 872-0089

- The purpose of AWARE is to allow women to cope with the social stigma of being a female addict in a therapeutic and educational environment.
- AWARE is a 13 bed facility with 24 hour-a-day, supervision.
- **Length of residential stay:** Up to 60 days with a Halfway House program.
- AWARE is staffed with full-time addiction counselors and treatment includes individual and group therapy, drug education groups, family groups, and AA/NA meetings.
- Admission criteria requires clients must be 18 years old or older and have been unsuccessful staying alcohol or drug-free.
- For further information, please call: (850) 769-6156
- **Website:** <http://www.care4000.com/residential.html>

Pensacola

NEW BEGINNINGS RECOVERY HOMES FOR WOMEN

Pensacola, FL

Phone: 850-439-1522

- New Beginnings Recovery Homes are located in mid-town Pensacola near Baptist Hospital and Lakeview Center
- The Recovery Homes feature comfortable bedrooms, full baths, family kitchens, dining rooms, TV rooms (cable), Internet service, newspaper delivery, laundry facilities, office conference room, group meeting room, spacious back yards, deck, side patios and off-street parking. Public transportation access is only a block away. Easily accessible community resources include physical recreation, educational opportunities, library facilities, shopping, groceries and restaurants, entertainment, churches, civic groups, and plenty of opportunity for employment. We can accommodate the needs of up to 21 women dedicated to restoration and return to mainstream living.

Services provided:

- Full Housing - Complete Nutrition - All Amenities
- Individual Case Management
- Licensed Professional Individual Therapy
- Licensed Professional Group Therapy
- Psychiatric Support
- Relapse Prevention
- Random Drug Screening
- Twelve-Step Philosophy Including Sponsorship
- Mandatory Twelve-Step Fellowship Meetings
- Assistance in Securing Outside Employment
- Vocational Rehabilitation / FL Dept of Education

- Peer Groups and House Business Meetings
- Spiritual Development
- Family Counseling Issues
- Legal Assistance With Court / Probation
- Community Service Hours
- Social-Circles Interaction
- Money Management Awareness and Assistance
- Transition Planning to Independent Sober Living
- Client Savings Initiative
- Physical Fitness Awareness
- Structured Activities – Recreation

Fees:

- Registration & Admission Fees \$425
- First 3 Weeks Program Fee \$615

Website: http://newbeginningsrecovery.com/Web_Pages/welcome_page.htm

MISSISSIPPI

HATTIESBURG

PINE GROVE WOMEN'S CENTER

3875 Veteran's Memorial Drive
 Hattiesburg, Mississippi 39401
 Phone number: 1-888-574-HOPE (4673)

- The Pine Grove Women's Center is a 12 week treatment program for women who struggle with chemical dependency with a specialized track for those with a secondary eating disorder diagnosis. Our unique multi-disciplinary team of experts determine treatment components based on the patient's individual and unfolding needs. Patients are supported in dealing with behavior, thoughts, and feelings in a safe and secure environment. The beautiful grounds and facility, including spacious living areas and an outdoor pool, provide a tranquil setting for recovery.

Components of Treatment:

- Individual and Group Counseling
- Boundaries and Relationships
- Cross Addictions
- Eating Disorder Dual Track
- Nutritional Counseling
- Eating Disorder Specific Nutritional Counseling
- Meals Support Table
- Food and Feeling Processing after Meals
- Cooking, Supermarket, and Restaurant Experienceals
- Trauma Recovery
- Psychiatrist, Addictionologist, Nurse Practitioner

- Educational Lectures & Workshops
- Family Week Program
- Medication Management
- Relapse Prevention
- 12-Step Assignment Group
- 12-Step Study Group
- R.E.A.C.H. (Ropes Course)
- Yoga
- Exercise/Fitness

Length of Stay: 90 days. Each patient's individualized treatment plan is evaluated by our multi-disciplinary treatment team on a weekly basis.

Website: <http://www.pinegrovetreatment.com/womens-center.html>

JACKSON

CATHOLIC CHARITIES: DIOCESE OF JACKSON, MS

Jackson, Mississippi 39202

Phone: 601-922-0026

Contact Person: LaVerne Bass

Alcohol and Drug Services:

- **BORN FREE:** is a primary residential treatment program for pregnant and/or parenting women needing assistance to recover from chemical addictions.
- **NEW BEGINNINGS:** is the transitional program. Women and their children are admitted to the transitional program after the women have completed primary treatment in Born Free or other treatment programs.
- All admissions to Born Free and New Beginnings are on a voluntary basis. Women may bring their children under age five to live with them in the home. Both these programs stress the importance of involvement of residents' family members and significant others in the comprehensive treatment process offered by these programs. The program provides follow-up care for up to one year for residents who successfully complete treatment

Website: <http://www.catholiccharitiesjackson.org/services/alcohol.drug.html>

NEW LIFE FOR WOMEN INC.

814 North Congress Street

Jackson, Mississippi 39202

(601) 355-2195

- The programs at NLFW are designed to assist those who have few resources for treatment and few housing options due to their addiction. Trying to re-establish a life after addiction can often be impossible on your own. NLFW is dedicated to providing services based on a holistic approach to recovery, addressing each woman's unique mental, emotional, social, physical, financial, and spiritual needs.

- Our goal is to instill confidence and sober coping skills - teaching each woman to take personal responsibility for meeting her own needs as she transitions from chemical dependency to a healthy, productive and self-sufficient lifestyle.

The applicant must:

- Present with a current/recent alcohol and/or drug problem.
- Must be female, 18 years of age or older.
- If under a legal jurisdiction, an order from the judge, parole/probation office, or Drug Court Coordinator mandating the female to completion of at least two (2) phases of treatment for a minimum of 90 days. (Exceptions will be determined by the treatment team.)
- Two valid forms of identification (State-issued picture ID and social security card) must be presented upon admission.
- Treatment fees are paid upon admission to the Primary Program. Fees for Secondary are waived if an approved authorization for payment from Vocational Rehabilitation is received at the facility prior to admission directly into Secondary or referral to Secondary from another Primary facility.
- Applicants to Secondary Treatment without prior Voc Rehab authorization will be assessed a monthly fee, the first month due upon admission.
- Applicants to the Transition Program must present proof of completion of at least one phase of treatment from another certified facility and be currently employed.

Services:

- Individual Counseling
- Group Therapy
- Grief/Trauma Therapy
- Family Education/Therapy
- Relapse Prevention - Planning
- Addiction/Recovery Concepts
- Intensive 12-Step Study
- Psychiatric/Medical Evaluation - Referral
- HIV/STD Education and Prevention
- Women's Issues Groups
- Case Management-Referral
- Employment Assistance-Referral
- Issue-Specific Therapy for Associated Issues-Referral
- Safe, secure, healthy environment
- Aftercare/Reintegration Planning
- Means to end homelessness
-

Length of program:

- New Life for Women is a four-phase continuum of care: Primary-(Phase 1) [42+ days];
- Secondary (Phase 2) [60+ days]
- Transition (Phase 3) [6 months minimum]

- Aftercare (Phase 4)([1+ year].
- All applicants are expected to complete at least two phases of treatment.
- Clients seeking admission to Transition (Phase 3) from another facility must participate in a minimum of 14 days in Phase 2 to be considered for admission to Transition.

Website: <http://newlifeforwomenms.org/id3.html>

TENNESSEE

NASHVILLE

THE NEXT DOOR

Nashville, TN

1-855-TND-HOPE

Contact Person: Hillary Meier

Hilary.Meier@thenextdoor.org

- The Residential Treatment Program is a comprehensive high intensity and structured inpatient treatment program where clients meet multiple hours each day during week days/nights and have continuous structured yet less intensive programming on weekends. Programming explores the underlying issues of mind, body and spirit that are associated with chemical dependency, co-occurring mental illness and trauma.
- Begin the process of healing and establish balance in each area of their lives.
- Change their thinking and attitudes which become their behaviors and choices.
- Better understand addiction and co-occurring mental illness and recognize triggers and symptoms.
- Learn skills necessary for preventing relapse and living a recovery lifestyle
- The Next Door welcomes referrals from mental health crisis units, emergency room diversion programs, social work counselors, criminal justice systems, family members, friends and clergy who encounter women that meet the following criteria for treatment services:
- 18 years and older who have an addiction to a substance or a co-occurring substance use and mental health disorder AND
- Desire recovery from addiction AND
- Recently relapsed (within in the past six months) or are currently abusing substances and cannot “stay clean” without help AND
- We are now accepting private pay clients. Please contact Hilary Meier for more information.

Services provided in the Residential Transition Program Include

- Individual therapy

- Group therapy
- Educational groups
- Family therapy (includes Family Enrichment Program events)
- Peer and community support
- Intensive case management
- Psychiatric evaluation and medication management
- Relapse prevention and life skills groups
- Cognitive Behavioral Therapy
- 12-Step recovery work
- Trauma recovery groups
- Spiritual development opportunities
- Creative expression and wellness activities
- Long-term aftercare program, Lifetime Recovery Management (LRM)

Website: <http://www.thenextdoor.org/>